



# 2019 Annual Report

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

WWW.AACAP.ORG

## 2019-2020 AACAP EXECUTIVE COMMITTEE



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President



**Warren Y.K. Ng, MD, MPH**  
President-Elect



**Cathryn A. Galanter, MD**  
Secretary



**Bennett L. Leventhal, MD**  
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**Melvin D. Oatis, MD**  
Chair, Assembly of Regional  
Organizations of Child and  
Adolescent Psychiatry



**Karen Dineen Wagner, MD, PhD**  
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*AACAP John E. Schowalter, MD,*  
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Amanda Downey, MD



**Fred Seligman, MD, AACAP Photographer**

We thank Fred Seligman, MD, for being AACAP’s official photographer! Fred’s efforts are not only beautifully detailed, but they successfully capture the true essence and wonderful spirit of AACAP!



# MESSAGE FROM THE PRESIDENT



2019 was a significant year in terms of accomplishments and initiatives. Together, we took major steps to move AACAP forward. Leadership, donors, membership, and our incredible staff all found ways to contribute in very meaningful ways. As we look back on an extraordinary year it is clear that you all, like myself, feel a deep sense of pride in AACAP.

What looks easy and seamless on the outside, is only due to the amazing work of my fellow officers, Warren Y.K. Ng, MD, MPH, President-Elect, Cathryn A. Galanter, MD, Secretary, Bennett L. Leventhal, MD, Treasurer, and Melvin D. Oatis, MD, Chair, Assembly of Regional Organizations of Child and Adolescent Psychiatry. Of course, I owe a huge thank you to Heidi Fordi, Executive Director, for her leadership and support over this past year. She is truly the wind beneath my proverbial wings.

I have had the privilege and pleasure of serving and collaborating with our immediate past presidents including Drs. Drell, Joshi, and Fritz. In thinking about how I wanted to focus my energy

and some of AACAP's resources over the next couple of years, I looked at the breadth of past initiatives. These included prioritization within the organization and the field, expanding our relationships with other countries and cultures, highlighting the importance of our relationship with primary care and focus on prevention just to name a few.

At my October inauguration, I asked for your support of my *Presidential Initiative: Emotional Dysregulation in Children and Adolescents: Coming Together to Treat the Sickest Kids* and boy did you respond! I was both humbled and motivated by your response. In the coming months you will hear much more about my initiative.

As we continue to move forward, our many strengths position us to provide an even bigger impact. More than any other professional organization, we have the potential to be so much more than the sum of our many excellent parts. It is this potential to have a positive impact on the community we serve that represents our greatest value.

2019 was a busy year, but there is more to come. I am proud of the accomplishments that we achieved over this past year. As we plan for the future, I am counting on our AACAP family to continue to provide the same passion and dedication to our organization that we have for the community we serve.

Thank you for your ongoing commitment to AACAP. Without your confidence, generosity, and support we could not accomplish the important work that we do each day to improve lives of children and families everywhere.

As we close 2019, we look toward the future — together!

Thank you,

A handwritten signature in black ink that reads "Gabrielle A. Carlson". The signature is fluid and cursive, with a large loop at the end.

**Gabrielle A. Carlson, MD**  
President, AACAP



# MESSAGE FROM THE EXECUTIVE DIRECTOR



## 2019 WAS ANOTHER BANNER YEAR FOR AACAP.

As we reflect on 2019, I am proud of all we have accomplished together serving the critical field of child and adolescent psychiatry.

The Academy's membership and initiatives continued to grow and thrive. Our programs, products, and events featured high attendance and engaged participation. Our success serves as testament to the commitment and compassion of our incredibly dedicated members, and staff. I hope we have succeeded in our ongoing goal to provide outstanding service to our members and the field.

I want to particularly thank our elected leadership for their strong guidance and thoughtful care in securing AACAP's role as the leading physician authority on children's mental health. Each day offers significant challenges. We are fortunate that our leadership is poised and ready to rise to the occasion every day with compassion, ingenuity, integrity, fortitude, and resilience.

Without you, none of this would be possible. Supporters like you have helped create a stronger, more united member community. Additionally, our dedicated staff continues to do

an incredible job at expanding our outreach while strengthening our programs and services.

AACAP is stronger than ever due to our continually expanding community who comes together to donate time, resources, and talent in support of our important mission. With your generous contributions, we continue to work and fight for a brighter future for child and adolescent psychiatrists and the children and families you serve.

We continue to call on the support from our member community and are excited to deepen existing relationships and establish new ones. We know that amazing things happen when we work together.

Thank you for the critical role you play in our collaborative efforts to lift our most vulnerable. As we continue our journey together to build a stronger community, we are grateful that you continue to stand with AACAP as colleagues, supporters, and friends.

We look forward to a bright future!



*Heidi B. Fordi*

**Heidi B. Fordi, CAE**  
Executive Director/CEO





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# Advocacy & Clinical Practice





**THE SUCCESS OF AACAP IS DEPENDENT ON THE EFFORTS AND ENTHUSIASM OF ITS MEMBERS, STAFF, AND COALITION PARTNERS TO IMPROVE CHILDREN'S MENTAL HEALTH POLICY.**



**In 2019, AACAP awarded Advocacy and Collaboration Grants to regional organizations from Colorado, Eastern Pennsylvania and Southern New Jersey, Maryland, Minnesota, New York State, Oregon, and St. Louis.**

#### **ADVOCACY AND COLLABORATION GRANTS**

AACAP supports its regional organizations' advocacy activities through a small number of annual Advocacy and Collaboration Grants. These year-long grants provide funding for various types of projects aimed at educating stakeholders and increasing their involvement in activities promoting the mental health needs of children, adolescents, and families.

In 2019, AACAP awarded Advocacy and Collaboration Grants to regional organizations from Colorado, Eastern Pennsylvania and Southern New Jersey, Maryland, Minnesota, New York State, Oregon, and St. Louis. Awardee activities ranged from increasing awareness on the acute and long-term effects of Marijuana for youth, to creating a

stakeholder network for suicide prevention, and bringing awareness of mental health risks in Latino youth from immigrant families.

The Substance Abuse and Mental Health Services Administration Center for Mental Health Services (SAMHSA/CMHS) and AACAP Virtual Fellowship is designed to familiarize child and adolescent psychiatry Fellows with public sector service and community-based child and adolescent psychiatry policy and practice. The Fellows will receive an introduction into the operation of the federal government and AACAP, including issues related to federal and state programs for children who have mental health challenges. The selected Fellows will also have the opportunity to become involved with research and to improve their writing,



evaluation, and presentation abilities. The Fellowship is designed to inspire the selected individuals with a desire to become leaders in children's mental health service systems and to encourage the Fellows to pursue careers in public sector child mental health services.

For 2019, the Fellows are Sarah Andrews, MD, AM—University of Florida; Elizabeth Ann Mutter, DO—Vidant MedicalCenter/East Carolina University; Kendra Smith, MD—Cambridge Health Alliance, Harvard Medical School; Claire Williams, MD—Warren Alpert Medical School of Brown University.

#### RESIDENT SCHOLARS

The Government Affairs & Clinical Practice Department hosts AACAP's Resident Scholar programs on an ongoing basis for interested applicants. Resident Scholars are typically child and adolescent psychiatry trainees with an interest in advocacy and policy who are willing to spend a month in Washington, DC, interning side-by-side with department staff. Past Resident Scholars attended Congressional hearings, participated in briefings, and assisted in policy planning leading up to AACAP's annual Legislative Conference.

#### CLINICAL PRACTICE GUIDELINES AND CLINICAL UPDATE SERIES DOCUMENTS

The Committee on Quality Issues (CQI) continues to develop Clinical Practice Guidelines, in addition to supporting the development of Clinical Update Series documents, authored by individual committees. Writing groups within the CQI worked on three Clinical Practice Guidelines, with two of them nearing completion.

#### SIGNATURE CLINICAL PRACTICE PRODUCTS

This was a big year for both the Child and Adolescent Service Intensity Instrument© (CASII) and Early Childhood Service Intensity Instrument© (ECSII) as in-person trainings continued to be in high demand. Thanks to the dedication of the CASII/ECSII Subcommittee, staff, and selected subject matter experts, 2019 saw our online CASII and ECSII training options come to fruition. The Clinical Practice Department would like to thank all those involved for their continued contributions to the development of these courses, including Peter Metz, MD, Richard Margolis, MD, Robert Klachn, MD, and Albert Zachik, MD.







## DISTINGUISHED MEMBER AND ACADEMIC PAPER AWARDS

AACAP CANCRO ACADEMIC  
LEADERSHIP AWARD

**Jeffrey I. Hunt, MD**

*Honors Presentation:* Greatest Hits for Making It Stick:  
Enhancing Durable Knowledge in  
Lifelong Learning

AACAP NORBERT AND CHARLOTTE  
RIEGER PSYCHODYNAMIC  
PSYCHOTHERAPY AWARD

**Susan L. Donner, MD**

*Honors Presentation:* Making Meaning  
Through Play: A Psychotherapeutic  
Intervention in a Preschool Child With  
Global Developmental Delay

AACAP NORBERT AND CHARLOTTE  
RIEGER SERVICE PROGRAM AWARD  
FOR EXCELLENCE

**Ian A. Canino, MD, & Clarice J.  
Kestenbaum, MD**

*Honors Presentation:* CARING at  
Columbia: A Preventive Community  
Program for Disfranchised Culturally  
Diverse Children

AACAP JEANNE SPURLOCK, MD,  
LECTURE AND AWARD ON DIVERSITY  
AND CULTURE

**Balkozar Adam, MD**

*Honors Presentation:* Culture, Compassion  
and Competency: When Culture is  
More Than a Backdrop

AACAP SIMON WILE, MD, LEADERSHIP IN  
CONSULTATION AWARD

**Heather J. Walter, MD, MPH**

*Honors Presentation:* Integrated  
Behavioral Health in Pediatric Primary  
Care: Long-Term Outcomes in  
Real-World Settings

AACAP GEORGE TARJAN, MD,  
AWARD FOR CONTRIBUTIONS IN  
DEVELOPMENTAL DISABILITIES

**Agnes Whitaker, MD**

*Honors Presentation:* Preterm Birth:  
Translations from Research to  
Clinical Practice and Training in  
Child Psychiatry

# Workforce, Development & Recruitment





## AACAP WORKS TO EDUCATE THE NEXT GENERATION OF CHILD AND ADOLESCENT PSYCHIATRY'S LEADERS BY RECRUITING MORE MEDICAL STUDENTS AND RESIDENTS TO THE SPECIALTY THROUGH FELLOWSHIPS, GRANTS, AND MENTORSHIP PROGRAMS.

### WORKFORCE SHORTAGE

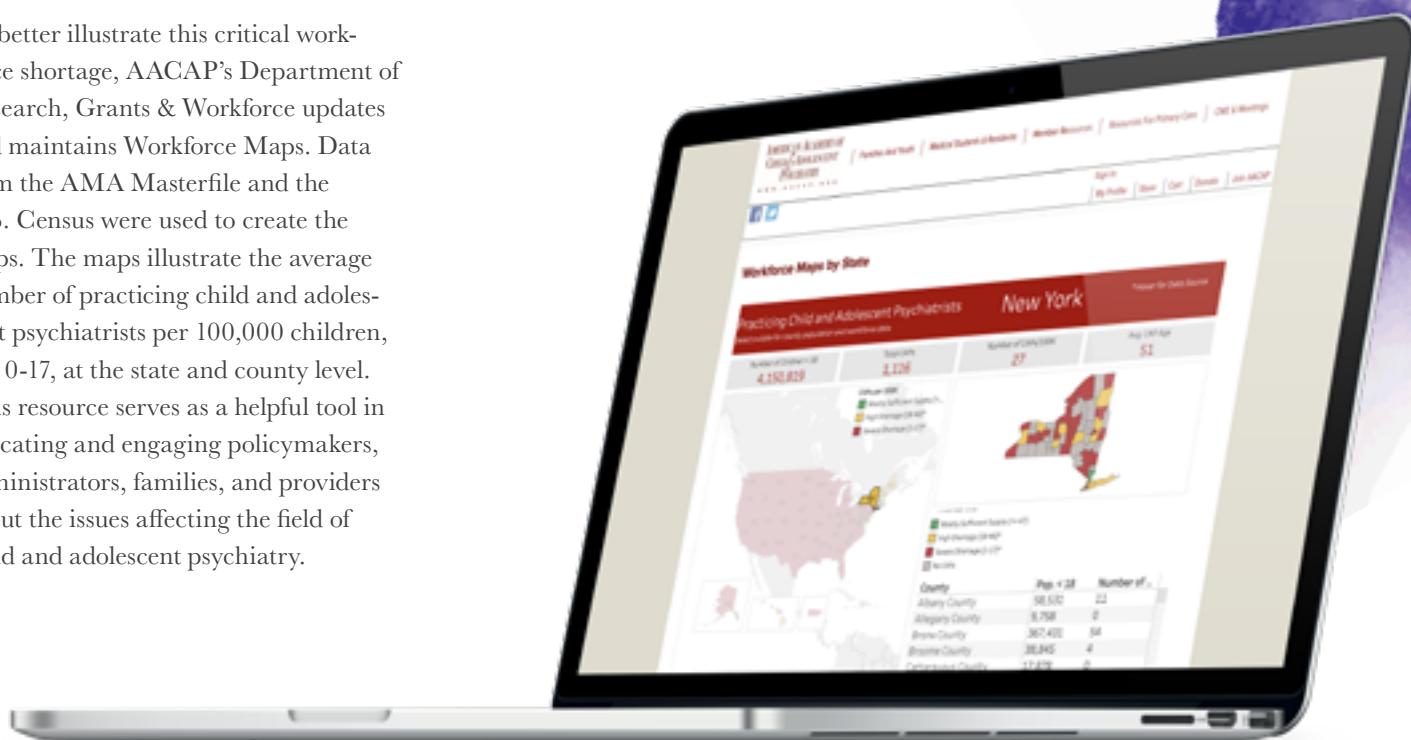
According to the U.S. Census, there were 74 million children living in the United States in 2017. Of those youth, approximately 20% of children and adolescents ages 9 to 17 had a diagnosable psychiatric disorder. Data from the 2017 American Medical Association (AMA) Physician Masterfile indicates there are approximately 8,300 child and adolescent psychiatrists available to serve the needs of the over 15 million children affected by mental illness in the United States. As the population of children under age 18 is expected to grow to 80 million in 2050, there will be an increasing need for mental health services.

To better illustrate this critical workforce shortage, AACAP's Department of Research, Grants & Workforce updates and maintains Workforce Maps. Data from the AMA Masterfile and the U.S. Census were used to create the maps. The maps illustrate the average number of practicing child and adolescent psychiatrists per 100,000 children, age 0-17, at the state and county level. This resource serves as a helpful tool in educating and engaging policymakers, administrators, families, and providers about the issues affecting the field of child and adolescent psychiatry.

AACAP's Workforce Maps offer:

- A user-friendly interactive map illustrating the extreme child and adolescent psychiatry workforce crisis nationwide
- Demarcated shortage areas defined by U.S. Census Bureau child population statistics in relation to counts of practicing child and adolescent psychiatrists per county
- Easy-to-read, downloadable state snapshots

AACAP's Workforce Maps are updated every two years.





## MENTORSHIP

AACAP provides an ongoing mentorship program along with a variety of formal and informal mentorship activities at AACAP's Annual Meeting.

The Mentorship Network connects medical students, residents, and early career psychiatrists (ECPs) with mentors across the country. During 2019, more than 500 medical students, residents, and ECPs signed up for a mentor, and 338 AACAP members volunteered to serve as mentors. Given the extreme shortages in our specialty, it is integral to our continued success that we provide trainees with superior mentorship so that they can help close the workforce gaps in child and adolescent psychiatry.

### Career Development Forum

Thirty-eight experts representing the following diverse specialties within child and adolescent psychiatry volunteered to talk one-on-one with more than 100 trainees: Academic Psychiatry, Addiction Psychiatry, Adolescent Psychiatry, Advocacy and Policy Making, Community Psychiatry, Early

Career Psychiatry, Electroconvulsive Therapy Treatment in CAP, Getting Published, Integrated Care, LGBTQ in CAP, Medical Student Education, Private Practice, Psychotherapy, Research, School Mental Health, Telepsychiatry, Training and Education, Triple Board Program, and Women in Psychiatry.

### Medical Student and Resident Breakfast

Open to all medical students and residents, the Medical Student and Resident Breakfast provided an opportunity for 91 medical students and residents to network with peers, as well as prominent child and adolescent psychiatry mentors, in an informal setting. Guided by the 2019 program "Crafting Your Career in Child and Adolescent Psychiatry" with co-presenters Jeffrey I. Hunt, MD, Sansea L. Jacobson, MD, and Shawn S. Sidhu, MD.

### Medical Student and Resident Networking Hour

More than 100 trainees networked with peers at an informal meet and greet.

### Resiliency in Residency and Beyond

More than 60 trainees were provided with tools to promote wellness in themselves and in their workplace.

### Resident as Teacher

This interactive program provided more than 40 trainees with the principles of teaching to effectively share information in a large classroom format, build presentations in a didactic setting, and give individualized feedback.

### Two-Day Mentorship Program

More than 160 trainees were paired with 40 early to senior child and adolescent psychiatrist mentors to build relationships, share ideas, address challenges, and reflect on work-life balance.

## MEDICAL STUDENT TRAINING

AACAP administers the Klingenstein Third Generation Foundation (KTGF) Medical Student Program (MSP), a coordinated, national network of 14 medical schools that provides medical students with mentorship and clinical experiences in child and adolescent psychiatry through unique and customized programs. All programs emphasize mentorship and offer opportunities for research, advocacy, and other unique experiences. The MSPs also participate in many other important projects including an annual KTGF National Medical Student Conference, special lectures, and networking events with child and adolescent psychiatry leaders. Evaluations continue to provide information on medical student interest in, and understanding of, the field of child and adolescent psychiatry, just two of the many barriers that prevent medical students from choosing child and adolescent psychiatry.



## PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Medical students and residents received funding for the following Annual Meeting award opportunities in 2019.

### Life Members Mentorship Grants for Medical Students

AACAP's Life Members Mentorship Grants for Medical Students are supported by AACAP's Life Members Fund. Thirteen medical students from a broad range of medical colleges were provided with reimbursable travel support for AACAP's Annual Meeting and received one-on-one mentoring with many senior leaders and Life Members.

### Educational Outreach Program

In 2019, AACAP's John E. Schowalter, MD, Fund, Campaign for America's Kids, and Life Members Fund provided funding support for 33 child and adolescent psychiatry fellows to participate in AACAP's Annual Meeting through AACAP's Educational Outreach Program (EOP). Additionally, AACAP's Endowment Fund provided reimbursable support for 20 general psychiatry residents to attend the Annual Meeting.



The EOP provides travel support for residents, enabling them to tap into innovative career opportunities and a vibrant network by participating in special events for residents at the Annual Meeting. The EOP is instrumental in integrating residents into the field. Ninety percent of general psychiatry residents who participate in the program become child and adolescent psychiatrists.

## JOURNAL AWARDS

AACAP administers journal awards recognizing child and adolescent psychiatrists and AACAP members who have made significant contributions to the specialty through publication in JAACAP. Awardees receive honoraria, are honored at the Distinguished Member Awards Luncheon, and make an honors presentation about their work during AACAP's Annual Meeting.

AACAP ELAINE SCHLOSSER LEWIS  
AWARD FOR RESEARCH ON ATTENTION-  
DEFICIT DISORDER

### James J. McGough, MD

*Honors Presentation:* Double-Blind, Sham Controlled, Pilot Study of Trigeminal Nerve Stimulation (TNS) for ADHD

AACAP NORBERT AND CHARLOTTE  
RIEGER AWARD FOR SCIENTIFIC  
ACHIEVEMENT

### Robert L. Findling, MD, MBA

Lithium for the Maintenance Treatment of Bipolar I Disorder: A Double Blind, Placebo-Controlled Discontinuation Study



# Research







## **AACAP PROMOTES AND SUPPORTS THE DEVELOPMENT OF PSYCHIATRY RESIDENTS AND EARLY CAREER PSYCHIATRISTS THROUGH MENTORED RESEARCH TRAINING OPPORTUNITIES AND SPONSORED INITIATIVES.**

### **MENTORED RESEARCH TRAINING**

AACAP's Research, Grants & Workforce Department is charged with enriching the research training experiences of AACAP members. We administer an extensive award portfolio of mentored research and training awards to promote scientific excellence and encourage future researchers' commitment to the specialty. These opportunities were created for medical students, general psychiatry residents, child and adolescent psychiatry residents, and junior faculty interested in establishing research careers. AACAP relies on federal and industry support as well as contributions from AACAP members to make these awards possible.

Past funding for AACAP's research award programs included support from a host of industry supporters. Funders in 2019 included Arbor, Sunovion Pharmaceuticals, Inc., and Supernus Pharmaceuticals, Inc.

### **JUNIOR INVESTIGATOR AWARD**

AACAP's Junior Investigator Award, supported by AACAP internal funding mechanisms and industry supporters, provides up to \$30,000 a year for two years of research support to child and adolescent psychiatry junior faculty for basic or clinical research relevant to our understanding, treatment, and prevention of child and adolescent mental health disorders. AACAP's 2019 Junior Investigator Award was partially funded by Pfizer Inc. and Sunovion Pharmaceuticals, Inc.



#### AACAP JUNIOR INVESTIGATOR AWARD

##### **Christina Cruz, MD, MEd**

*Project:* Acceptability of Children Receiving Task-shifted Mental Health Care from Teachers

#### MEDICAL STUDENT SUMMER FELLOWSHIPS

AACAP's Summer Medical Student Fellowships in Child and Adolescent Psychiatry, supported by AACAP's Campaign for America's Kids (CAK), were awarded to 12 medical students to explore child and adolescent psychiatry.

These summer fellowships give many medical students the opportunity to gain exposure to child and adolescent psychiatry, which they often do not receive in medical school. The fellowship programs are highly competitive and have a positive impact on the career paths of all recipients.

##### **Sarah B. Abdallah, BS**

*Project:* Genetic Contribution of Copy-Number Variation to OCD

##### **Kara Banson, BA**

*Project:* Educational Navigation for Youth in Foster Care: A Summer Pilot Aimed at Building Pathways for Educational Success and Mental Health Resiliency within an Integrated Care Clinic

##### **Samuel J. Eggers, BS**

*Project:* Screening for Social Determinants of Health in Early Childhood Mental Health Consultation

##### **Ariana G. Rosario Fusté, BS**

*Project:* Internet Gaming Disorder Prevalence in the Hispanic Adolescent Community  
Mentor: Ohel Soto Raices, MD

##### **Catherine A. Ha, BS**

*Project:* Barriers and Facilitators Affecting Mental Health Service Utilization Among Asian American and Pacific Islander Youths in Riverside County

##### **Edwin J. Klein, BS**

*Project:* Simplifying Somatization: Reducing Healthcare Utilization With a Clinical Practice Guideline for Pediatric Somatic Symptom and Related Disorders

##### **Sarah M. Laudon, BS**

*Project:* Analyses of the BLOC and BLAS Rating Scales and Their Impact on Adolescents Age 11–17 Diagnosed With Obsessive-Compulsive Disorder and/or Anxiety Disorder

##### **Andrew D. Rylaarsdam, BS**

*Project:* Factors Associated With Treatment Participation in Children's Mental Health





**Marc A. Skiles, BS**

*Project:* Modeling Grey Matter Changes During Typical Childhood Development

**Anne K. Tulisiak, BS**

*Project:* CYP2C19 Metabolizer Status Predicts Escitalopram Pharmacokinetics in Adolescents With Generalized Anxiety Disorder

**Christopher G. Viamontes, MA**

*Project:* Maternal 15q11-q13 Duplication Syndrome With ASD: Mood Stabilization by Carbamazepine

**Margaret Y. Yau, MS, BS**

*Project:* Mental Health Service Needs, Utilization, and Associated Factors in Diverse Child Welfare Population

**JEANNE SPURLOCK, MD,  
MINORITY MEDICAL STUDENT  
FELLOWSHIPS**

AACAP's Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA) and AACAP's Campaign for America's Kids (CEAK), provided two medical students with the opportunity to gain research experience in child and adolescent psychiatry. After completing the summer fellowship, the recipients participated in Annual Meeting activities and provided a poster presentation on their experiences.

**Taiwo T. Ajumobi, BA, MS**

*Project:* Impact of the Baby-Friendly Hospital Initiative Breastfeeding Initiation Rates Among Mothers Diagnosed With Substance Abuse

**Monica M. Attia, BS**

*Project:* Variation in Rates of Intentional Ingestion of Substances for Suspected Suicide Attempts and Substance Abuse Based on Age Among U.S. Adolescents and Adults

**Maria Veronica C. Gonzales  
Vigilar, BS**

*Project:* Study of Cannabis Use Disorder Among Adolescents in an Ambulatory HIV Clinic Setting

**Carolina De Los Rios Roddy, BS**

*Project:* Evaluating Parent Management Training as an Intervention in the Opioid Abuse Crisis and Its Impact on Children and Mothers in a Rural Area

**RESIDENT AWARD**

The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by NIDA, provides up to \$10,000 in project support to two awardees in addition to a mentor stipend of up to \$1,500. The two 2019 awardees were:

**Devika Bhatia, MD**

Evaluation of Adolescent Electronic Vapor Product and Other Substance Use in States that have Legalized Cannabis

**Gaurav Vishnoi, MD**

Developing a Child & Adolescent Psychiatry Training Series to Address Educational Gaps in Substance Use Disorder Care and Treatment (CAP-Gap)

**PILOT RESEARCH AWARDS**

AACAP's Pilot Research Awards are supported by both internal AACAP funding mechanisms and industry supporters. AACAP's Pilot Research Awards provide general psychiatry residents, child and adolescent psychiatry residents, fellows, and junior faculty with up to \$15,000 for one year of support for research on child and adolescent mental health. AACAP's Pilot Research Award for Attention Disorders, supported by AACAP's Elaine Schlosser Lewis Award Fund, provides up to two child and adolescent psychiatry fellows and junior faculty up to \$15,000 for one year of support for research on





attention disorders and/or learning disabilities. Pilot Award recipients present their research in the form of a poster at AACAP's Annual Meeting in the succeeding year after receiving their award.

AACAP Pilot Research Award for Attention Disorders, Supported by AACAP's Elaine Schlosser Lewis Fund include:

**Anjali Varigonda, MD**

*Project:* "Impact of an Aerobic Exercise Intervention in Improving Executive Function in Children with Fetal Alcohol Spectrum Disorder"

**Alecia Vogel-Hammen, MD, PhD**

*Project:* "Behavioral Observations of Dysregulation in Positive and Negative Affect in ADHD"

AACAP PILOT RESEARCH AWARD  
FOR JUNIOR FACULTY AND CHILD AND  
ADOLESCENT PSYCHIATRY FELLOWS,  
SUPPORTED BY AACAP:

**Aneta Krakowski, MSc, MD**

*Project:* "Neurodevelopmental Domains as Predictors of Functional Neuroimaging Measures in ASD and ADHD"

**AACAP's Pilot Research Awards provide general psychiatry residents, child and adolescent psychiatry residents, fellows, and junior faculty with up to \$15,000 for one year of support for research on child and adolescent mental health.**

**Chuan Mei Lee, MD, MA**

*Project:* "Implementation of a Technology-Assisted Child and Adolescent Mental Health Remote Consultation Model for Pediatric Primary Care in Safety-Net Settings"

**Petya Radoeva, MD, PhD**

*Project:* "Neural Correlates of Depressive Symptoms in Adolescents with Autism Spectrum Disorder (ASD)"

**Emily Wood, MD, PhD**

*Project:* "Trauma & Early Life Adversity in ASD youth: Sensory Over-Responsivity and fMRI Markers of Behavioral Regulation"



**Eunice Yuen, MD, PhD**

*Project:* “Biological action of ketamine in developing neurons: Hope in treating maternal depression to reduce children mood disorders”

AACAP PILOT RESEARCH AWARD  
FOR GENERAL PSYCHIATRY RESIDENTS,  
SUPPORTED BY INDUSTRY SUPPORTERS:

**Jack Turban III, MD, MHS**

*Project:* “Childhood and Adolescent Experiences with Gender-related Medical Care and Adult Mental Health Outcomes: Analysis of the 2015 U.S. Transgender Survey”

**PHYSICIAN SCIENTIST PROGRAM  
IN SUBSTANCE ABUSE “THE K12”**

AACAP collaborates with the National Institute on Drug Abuse (NIDA) to produce new child and adolescent psychiatry researchers in the substance abuse and addiction field, through a Career Development (K12) Award supported by the National Institutes of Health (NIH). Since its inception in 1998, this successful

program has produced 18 child and adolescent psychiatry researchers.

AACAP’s Physician Scientist Program in Substance Abuse, supported by NIDA, seeks to increase the number of child and adolescent psychiatrists with independently funded addiction research careers, expand clinical and research training in child and adolescent substance abuse in trainee’s home and academic institutions, and create a sustainable infrastructure and national network of mentors and academic research institutions to support addiction research training.

The NIDA-AACAP K12 grant has been highlighted as a model grant for assisting junior faculty in developing independent research careers. The grant of over \$6 million, awarded over five years, provides research and salary support as well as mentoring for six child and adolescent psychiatrists with a commitment to becoming independent researchers.

Paula Riggs, MD, serves as the Principal Investigator and Kevin Gray, MD, serves as the Chair of the program’s Advisory Committee, which consists of prominent researchers in substance use disorders and/or child and adolescent psychiatry.

In May 2015, AACAP received the fourth five-year competing renewal (2015-2020) of the NIDA-AACAP K12. This year, the Annual K12 Retreat took place in San Antonio, Texas, June 13-June 15. NIDA-AACAP scholars convened with their mentors, Dr. Riggs, and K12 Advisory Committee members. The retreat program is specifically designed to develop core competencies and skills necessary to scholars’ successful academic career development. The six current NIDA-AACAP scholars, listed below, demonstrated remarkable progress and academic achievement at this early stage of their careers.





## NEW AWARDS AND INITIATIVES

**Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award**

Made possible by a generous donation from Lisa Yang, MBA, in honor of past AACAP President Marilyn B. Benoit, MD, this mentorship opportunity provides funds for recipients to collaborate with a mentor on a project focusing on child welfare, foster care, and/or child maltreatment.

**Julianna M. Finelli, MD**

*Project:* “Building Systems Bridges to Enhance the Effectiveness of Child and Adolescent Psychiatrists Working With Maltreated Children”

Mentor: Charles H. Zeanah, Jr, MD

**Psychodynamic Faculty Training and Mentorship Initiative**

AACAP’s Psychodynamic Faculty Training and Mentorship Initiative, supported by a generous donation from the Samuel and Lucille B. Ritvo Charitable Fund, aims to enhance psychotherapy teaching and training in child and adolescent psychiatry residency programs, and to provide participants with access to a network of psychodynamic child and adolescent psychiatry leaders.

Under the guidance of an AACAP mentor, six recipients of this faculty award worked on designing a psychodynamic training project to complete in their division. The experience included participation in a daylong project planning session with their mentor, and attendance at networking events during AACAP’s Annual Meeting. The recipients are currently in the process of implementing their project in their division. The 2018-19 recipients and mentors are:

**Allan Andersen, MD**

*Project:* Tobacco and Cannabis Smoking Effects on Immune Function in Youth

**Kara S. Bagot, MD**

*Project:* Mobile Health Intervention for Adolescent Cannabis Use

**Eraka Bath, MD**

*Project:* Commercially Sexually Exploited Youth in Specialty Courts: Examining Substance Use and Mental Health Problems and Adapting Emergent Technologies to Increase Engagement

**Christopher Hammond, MD, PhD**

*Project:* Neurobiological Change in Cognitive Control and Salience Brain Network Function After Substance Use Treatment Response in Adolescents With Cannabis Use Disorders

**Roya Ijadi-Maghsoodi, MD, MSHPM**

*Project:* Strengthening Homeless Families With Parental Substance Abuse

**Amy Yule, MD**

*Project:* A Randomized Discontinuation Study of Quetiapine for the Treatment of Youth with Co-Occurring Substance Use Disorders (SUD) and Bipolar Disorder (BD)



**Dalia N. Balsamo, MD**

University of California, Riverside

Mentor: Sandra B. Sexson, MD

Medical College of Georgia at

Augusta University

**Sindhu Idicula, MD**

Texas Children's Hospital

Mentor: Timothy F. Dugan, MD

Cambridge Health Alliance,

Lexington, MA

**Suzie C. Nelson, MD**

Wright State University/Wright-

Patterson Medical Center

Mentor: Ayame Takahashi, MD

Southern Illinois University

**Magdalena Romanowicz, MD**

Mayo Clinic

Mentor: Mary Lynn Dell, MD, DMin

Ohio State University and Nationwide

Children's Hospital

**Ravi Shankar, MD**

University of Missouri

Mentor: Sergio V. Delgado, MD

Cincinnati Children's Hospital

Medical Center

**Michael Adam Shapiro, MD**

University of Florida

Mentor: David L. Kaye, MD

University at Buffalo

**KLINGENSTEIN THIRD  
GENERATION FOUNDATION (KTGF)  
MEDICAL STUDENT PROGRAM**

In October 2010, AACAP began administering the KTGF Medical Student Program, a coordinated, national network of medical schools that exposes medical students to clinical experiences in child and adolescent psychiatry through unique and customized programs. The current KTGF Medical Student Program sites include:

- Brown University
- Harvard University
- Icahn School of Medicine at Mount Sinai
- Mayo Medical School
- Stanford University
- Tulane University
- University of California, Davis
- University of California, Los Angeles
- University of Illinois at Chicago
- University of Iowa
- University of North Carolina, Chapel Hill
- University of Vermont
- Washington University in St. Louis
- Yale University

The KTGF Medical Student Program not only encourages medical students in participating programs to pursue a career in child and adolescent psychiatry but also increases AACAP's knowledge of medical students selecting other medical specialties related to children's health. Evaluation efforts have indicated that the KTGF Medical Student Program is effective in both increasing an understanding of child and adolescent psychiatry and in influencing the students' desire to pursue a career in the field.

Each year, participating schools gather for the National Medical Student Conference. The 2019 conference was hosted by Stanford University in Stanford, CA February 8-9, 2019. All 14 Medical Student Programs participated in the conference along with KTGF and AACAP. Approximately 100 medical students, fellows, faculty, and staff attended the conference. The conference included student oral presentations, a networking lunch, student poster presentations, and faculty presentations.



# FRED SELIGMAN, MD, AACAP'S VERY OWN "OFFICIAL PHOTOGRAPHER" & VOLUNTEER MEMBER EXTRAORDINAIRE!

Thank you isn't strong enough sentiment for our very own Fred, Seligman, MD, AACAP's Official Photographer, un-Official White House Photographer, & member volunteer extraordinaire!

A little bit about Dr. Seligman, he received his medical degree from McGill University and a Masters of Public Health from the University of California at Berkley. He obtained residency training in Pediatrics and a Fellowship in Child Development from the University of Washington School of Medicine. He completed his Psychiatry Residency and Child Fellowship from the University of Miami School of Medicine. He has had a distinguished academic career including serving as Director of the Division of Child and Adolescent Psychiatry at the University of Miami School of Medicine. He has been an active member of AACAP throughout his career.

Dr. Seligman also served as AACAP's official photographer from (at least) 2009-2019. This includes Annual Meetings, Assembly meetings, and of course — Legislative Conferences. I mention the Legislative Conference as advocacy continues to play a major role in his career.

He has memorialized in pictures the spirit of AACAP, its leaders, awardees, attendees, representatives from other organizations, and legislators. He has such an amazing talent for capturing 'moments' which is exactly what we want. It's not the formal photos that remind you how great your event

was — it's the natural moments of fun, excitement, and love that are so important to be documented. He has done this selflessly and received no financial compensation for his volunteer efforts with AACAP.

From getting up early to staying up for the late-night events, Fred rose to every challenge and delivered the goods as a true professional. Sometimes, just sometimes, I was there to help, but for the most part Fred worked alone — carrying his camera/equipment bag (close to 50 pounds) throughout ballrooms and convention centers, meeting rooms and restaurants. Armed with relentless ambition to grab every shot, and buoyed by a true passion for photography, Fred's been our guy and we're all better for it.



As 2019 was Dr. Seligman's swansong, we thought this was a perfect time to turn the aspect, focus, and lens on Dr. Seligman so that we can celebrate his efforts with the entire AACAP family.

Thank you for your generosity of time, talent, and all that you do!







“One of the major highlights of each Annual Meeting is getting to spend the week with Fred. I am grateful that he has so shared his wonderful gifts with the Academy.”

Heidi B. Fordi, CAE  
Executive Director/CEO



# Professional Education





# AACAP'S CONTINUING MEDICAL EDUCATION (CME) PROGRAMS ARE PART OF CLINICIANS' LIFELONG LEARNING AND DAILY PRACTICE AND ARE DESIGNED TO BRING THE BEST TREATMENTS TO CHILDREN IN NEED.



In 2019, more than 4,300 attended AACAP's 66th Annual Meeting in Chicago, IL. This meeting both exceeded budgeted expectations and was the 4th largest meeting to date.



## 66TH ANNUAL MEETING

Each year, AACAP's Annual Meeting provides an update on the latest research and developments in child and adolescent psychiatry. In 2019, more than 4,300 attended AACAP's 66th Annual Meeting in Chicago, IL. This meeting both exceeded budgeted expectations and was the 4th largest meeting to date. Additionally, we had record attendance from residents and medical students with over 900.

The meeting provided CME sessions devoted to children's mental health issues and was led by Boris Birmaher, MD, Program Committee Chair, James J. McGough, MD, Deputy Program Committee Chair, and Jill Zeigenfus Brafford, CMP, MTA, AACAP's Director of Meetings & CME.

Highlights from the Annual Meeting include:

- Comprehensive programs on the topic of depression, aligning with the Presidential Initiative of Karen Dineen Wagner, MD, PhD.
- A continued focus on wellness, both for patients and Annual Meeting attendees. Special activities included yoga and meditation classes each morning and afternoon. Additionally there were sessions focused on physician wellbeing.



## TOP TEN REQUESTED TOPICS OF INTEREST

1. Aggression/Violence	6%
2. Autism Spectrum Disorder	5%
3. Pharmacotherapy	5%
4. Substance Related and Addictive Disorder	5%
5. Trauma- and Stressor-Related Disorder	5%
6. Anxiety Disorder	3%
7. Complementary and Integrative Medicine	3%
8. Developmental Psychopathology	3%
9. Disruptive Mood Dysregulation Disorder	3%

## TOP TEN MOST REQUESTED SPEAKERS

Gabrielle A. Carlson, MD (28)  
 John T. Walkup, MD (24)  
 Timothy E. Wilens, MD (22)  
 Boris Birmaher, MD (7)  
 Robert L. Findling, MD, MBA (7)  
 Jeremy Veenstra-VanderWeele, MD (7)  
 Karen Dineen Wagner, MD, PhD (6)  
 Bruce D. Perry, MD, PhD (5)  
 Lenore C. Terr, MD (5)  
 Stacy Drury, MD, PhD



- The Research Symposium, sponsored by the Research Committee, focused on Opioids From the Receptor to the Clinic, with speakers Charles Chavkin, PhD, and Geetha Subramaniam, MD.
- Lenore C. Terr, MD, presented What Has Happened to Fifty Years of Child Abuse Reporting Laws? The One-Hundred-Forty Million Dollar Mistake at the Noshpitz Cline History Lecture.
- The James C. Harris, MD, Developmental Neuropsychiatry Forum, titled Pediatric Mild Traumatic Brain Injury: Understanding Neuropsychiatric Outcomes and Psychotherapeutic Treatments, featured speakers Jeffrey E. Max, MD, and Brian Brooks, PhD.
- The Town Meeting, The Crisis in Child and Adolescent Psychiatry Residency Recruitment, was chaired by Lisa M. Cullins, MD, and elicited some thought-provoking ideas about the future of child and adolescent psychiatry.
- Colleen A. Kraft, MD, PhD, gave the Lawrence A. Stone, MD, Plenary address, titled, Building Mental Wellness in Our Children: New Roles for Child Psychiatry and Pediatrics.
- Joan Luby, MD, was interviewed by Karen Dineen Wagner, MD, PhD, during the Presidential Interview.
- A wide variety of mentorship opportunities were offered throughout the meeting for medical students, residents, and early career psychiatrists.







## 2019 PEDIATRIC PSYCHOPHARMACOLOGY UPDATE INSTITUTE

AACAP's 2019 Pediatric Psychopharmacology Update Institute was held in Brooklyn, NY, with 840 attendees. Co-chaired by Laurence L. Greenhill, MD, and Jeremy M. Veenstra-VanderWeele, MD, this year's Institute focused on Cutting Edge Psychopharmacology: Fads Versus Facts. Psychopharmacology continues to be a popular topic among members, drawing large numbers for this meeting and typically over 800 attendees at the Annual Meeting psychopharmacology institute.

## DOUGLAS B. HANSEN, MD, ANNUAL REVIEW COURSE

The Douglas B. Hansen, MD, Annual Review Course took place March 23–25, 2019 at the Hyatt Regency Baltimore Inner Harbor Baltimore, MD, and was expertly chaired by Gabrielle A. Carlson, MD, and Tami Benton, MD.

This event emphasized the most recent material relevant to the general practice of child and adolescent psychiatry and served as an up-to-date review of child and adolescent psychiatry. Very timely

presentation topics included effects of social media, gender diversity, depression and suicide, substance use disorder, disruptive and attention-deficit/hyperactivity disorder.





- This impact factor window reflects the period of crossover between the previous editorial team under Dr. Andrés Martin (2017) and the new editorial team under Dr. Douglas Novins (2018).
- *JAACAP* is currently ranked 13th of 282 in psychiatry and 3rd of 123 in pediatrics. *JAACAP* continues to rank #1 of 74 in developmental psychology.
- *JAACAP* began to feature children's artwork on the cover in 2018 and continued this throughout 2019, the Journal welcomes interesting images and original artwork by children and youth, including but not limited to those who have personally struggled with mental health challenges. Submissions in which the artist reflects upon their identity, family, and/or community are particularly encouraged.

### **JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY (JAACAP)**

*JAACAP* is recognized worldwide as a leading scientific publication in child and adolescent psychiatry and pediatrics. In 2019, Under Dr. Novins' leadership, *JAACAP* continued their dedication to publishing the best science and providing incisive research, clinical, and policy translation; pages filled with scientific and clinical wisdom; and our mission: advancing the science of pediatric mental health and promoting the care of youth and their families. *JAACAP* is ranked #12 in psychiatry and #2 in pediatrics, as reported in the 2018 Journal Citations Reports, published by Clarivate Analytics. *JAACAP*'s 2018 impact factor is 6.25.

- In 2019, *JAACAP* received 810 new submissions, about 8% more than in 2018 (747) and 30% more than in 2017 (625).

### **Impact Factor**

- *JAACAP*'s 2019 impact factor is 6.936, up slightly from last year, 6.391. The 2019 impact factor reflects citations in 2019 to articles published in 2017 and 2018.





**JOHN F. MCDERMOTT, MD,  
ASSISTANT EDITOR-IN-RESIDENCE  
FOR THE *JOURNAL OF THE  
AMERICAN ACADEMY OF CHILD  
AND ADOLESCENT PSYCHIATRY***

AACAP's John F. McDermott, MD, Assistant Editor-in-Residence, established in 2006 in honor of Editor Emeritus John F. McDermott, MD (1988-1997), provides the opportunity for an early career child and adolescent psychiatrist to join the editorial team of a scholarly publication. The Assistant Editor-in-Residence, supported by the growing community of past McDermott editors, becomes active in and familiar with journal operations, serving first as associate editor and then editor of *JAACAP Connect* during his/her tenure.

**JAACAP CONNECT**

In its sixth volume, *Connect* was led this year by 2016-2017 John F. McDermott, MD, Assistant Editor-in-Residence Oliver M. Stroeh, MD. The *Connect* editorial team works with students, trainees, early career, and seasoned physicians, regardless of previous publication experience, to develop brief science-based and skill-building articles.

**MAINTENANCE OF CERTIFICATION**

During 2019, the Lifelong Learning Committee created Module 16: Relevant Updates for Child and Adolescent Psychiatrists, which offers members the opportunity to fulfill their Maintenance of Certification (MOC) requirements. In addition to the module, one Institute is held each year during the Annual Meeting, focusing on the topics of the module. This Institute consistently receives high evaluation ratings. Further MOC resources are developed for the membership, including an online Self-Assessment (SA) exam, SA Workshop at the Annual Meeting, Performance in Practice (PIP) tools based on AACAP Practice





## PROFESSIONAL EDUCATION

Parameters, peer feedback surveys, and patient feedback surveys, including patient feedback tools in Spanish. They are available online. New this year, AACAP put together a special collection of articles to correspond to the American Board of Psychiatry and Neurology's Part III Pilot Project. This collection gives AACAP members easier access to the articles, particularly the ones free for members. AACAP will continue to provide opportunities to meet members' MOC requirements.

### CONTINUING MEDICAL EDUCATION

AACAP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians. The Accreditation with Commendation status represents AACAP's commitment to plan, implement, and evaluate activities that provide child and adolescent psychiatrists and allied health professionals the ability to affect change in how they treat patients.







## ONLINE CME PROGRAMS

One of the new offerings is a Clinical Essentials Series, a line of asynchronous online courses created from previous AACAP material that has been repurposed and presented in an informative, concise way. The courses are composed of a variety of activities, including recorded lectures, case studies, and journal articles. This series was developed by the Task Force on Clinical Essentials chaired by Neal Ryan, MD.

AACAP continues to provide free online CME through the Journal of the American Academy of Child and Adolescent Psychiatry, which offers one hour of credit per issue. Approximately 300 CME certificates are issued each month for these activities.



*Be A Hero*





## WHEN YOU GIVE, YOU CREATE A BETTER FUTURE — TODAY.



### CAMPAIGN FOR AMERICA'S KIDS

For over 17 years, the priority of AACAP's Campaign for America's Kids (CFAK) remains to identify, grow, motivate, and train the next generation of child adolescent psychiatrists. Gifts to CFAK are an investment in qualified medical students, residents, and early career psychiatrists.

AACAP's Summer Medical Student Fellowships, supported by CFAK, offer an opportunity for medical students to explore a career in child and adolescent psychiatry, gain valuable work experience, and meet leaders in the field of child and adolescent psychiatry. The fellowship opportunity provides up to \$3,500 for 12 weeks of clinical or research training under a child and adolescent psychiatrist mentor.

AACAP's Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, also supported by CFAK, is a 12-week mentorship program focusing on drug abuse and addiction in children and adolescents.

### LIFE MEMBERS FUND

In 2019, AACAP's Life Members Fund raised over \$44,985 in support of two grant awards. AACAP's Educational Outreach Program for Child and Adolescent Psychiatry Residents and AACAP's Life Members Mentorship Grants for Medical Students are guiding the careers and future work of young professionals in the specialty. A \$1,000 gift is all it takes to send a medical student or child and adolescent psychiatry fellow to the Annual Meeting to be mentored by our Life Members — an opportunity that is invaluable.

Our Owls, as they are fondly called, are part of ensuring the next generation of child and adolescent psychiatrists has abundant opportunities for mentorship and career development.





of Missouri-Columbia. She began her career in 1989 and is committed to providing culturally informed care to patients, including refugees and immigrants. She has trained clinicians on the subject and has presented on it at national and international conferences. In 2018, Dr. Adam and the Greater St. Louis ROCAP developed an educational video, which was translated into six languages, aimed at decreasing stigma and increasing awareness of refugee mental health challenges. Dr. Adam is a distinguished fellow of AACAP, and the APA, as well as an AACAP Assembly delegate and member of the American College of Psychiatrists. She serves on AACAP's Diversity and Culture Committee, APA's Council on Children, Adolescents and Their Families, the International Center for Psychosocial Trauma, the Missouri Psychiatric Association, and the Greater St. Louis ROCAP. She has received numerous awards, including the Lifetime Achievement Award in Child and Adolescent Psychiatry, Lifetime Contribution for the Prevention of Mental Illness in Children and Adolescents, and Outstanding Child and Adolescent Psychiatry Faculty.



### 1953 SOCIETY

Giving to the 1953 Society is a lasting legacy to AACAP. Members join AACAP's 1953 Society by indicating that they are leaving a bequest or an estate gift to AACAP in their final plans. Bequest and estate gifts can bypass the process of transferring assets with minimal tax implications to your estate or your beneficiaries. By leaving a bequest or estate gift in your will, you are connected by a shared purpose and vision of AACAP as a driving power behind the progress child psychiatrists are achieving for children with mental illnesses.

### ENDOWED GIFTS

Endowments encourage the exploration of ideas and fuel innovation. Endowed gifts allow AACAP to stay focused on our commitment to research and workforce development and keep us strong for the future. They can be unrestricted or designated by the donor to support the over 60 awards and initiatives that AACAP offers.

### ASSEMBLY CATCHERS IN THE RYE AWARDS

The Assembly Catchers in the Rye Awards recognize an AACAP member, component, and regional organization for their outstanding advocacy efforts on behalf of children and adolescents.

#### AACAP ASSEMBLY CATCHERS IN THE RYE AWARD TO AN INDIVIDUAL

#### **Balkozar Adam, MD**

Balkozar Adam, MD, is a Clinical Professor of Psychiatry at the University







AACAP ASSEMBLY CATCHERS IN THE RYE AWARD TO AN AACAP COMPONENT  
**Autism and Intellectual Disability Committee**

The mission of the Autism and Intellectual Disability Committee is to raise awareness and improve clinical care for individuals with developmental disabilities, particularly autism spectrum disorder (ASD) and intellectual disability (ID). Historically, these populations have been underserved, partly because of the shortage of mental health professionals who are prepared to care for them. Our committee's primary focus over the past five years has been to educate professionals about the multidisciplinary care of people with ASD/ID across the lifespan. This work has been achieved through the unwavering enthusiasm, energy, and dedication of our working group members. Some of the major accomplishments from our committee include developing a video lecture series for psychiatry fellows on the diagnosis and treatment of ASD/ID, creating



advanced fellowship training opportunities in ASD/ID, hosting annual institutes on ASD/ID at AACAP and APA, and writing policy statements to promote best practices. In doing so, we hope to ‘catch’ these vulnerable children, bring them to the forefront of child psychiatry, and help them live productive and meaningful lives.

### AACAP ASSEMBLY CATCHERS IN THE RYE AWARD TO A REGIONAL ORGANIZATION

#### **New Mexico Child Psychiatrists**

Last year, the New Mexico Council of Child Psychiatrists were awarded an AACAP Advocacy and Collaboration Grant to train local mental health professionals in providing asylum evaluations for children and families fleeing torture and persecution. Initially, this training was an effort to meet a growing need in New Mexico. However, in developing the training they were also able to create a model that could be effective in other communities. Shortly thereafter, trainings were held in El Paso and the Texas Rio Grande Valley (including



Brownsville and McAllen, where most family separations occurred this year). Trainings were also conducted in New Orleans, home to the largest Honduran population in the country. Other trainings are planned to take place in Arizona in November 2019. To date, they have trained 325 mental health

providers. They are proud to have done so in a way that brings immigration attorneys and mental health providers alike to the table, thereby building capacity at the grassroots level that is locally sustainable over time.





## VIRGINIA Q. ANTHONY OUTSTANDING WOMAN LEADER AWARD

AACAP's Virginia Q. Anthony Outstanding Woman Leader Award is awarded by AACAP's President. It was established in 2013 to celebrate the lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. The award was created to honor the service of AACAP's retired Executive Director. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness.

Barbara J. Coffey, MD, MS, was recognized at AACAP's 66th Annual Meeting. Dr. Coffey has been active in AACAP for many years, as Co-Chair of the Training and Education Committee (1989–1993), Council Delegate at Large (1993–1996), and the Program Committee (2011–2016). Current Co-Chairman of the TAA Medical Advisory Board, and author of more than 200 manuscripts in peer-reviewed journals, abstracts and chapters, Dr. Coffey is a featured speaker at international and national conferences. Her research has focused on psychiatric comorbidity, phenomenology, and novel treatments of Tourette's Disorder.



# THANK YOU FOR SUPPORTING AACAP

AACAP is committed to the promotion of mentally healthy children, adolescents, and families through research, training, prevention, comprehensive diagnosis and treatment, peer support, and collaboration. Thank you to the following donors for their generous financial support of our mission.

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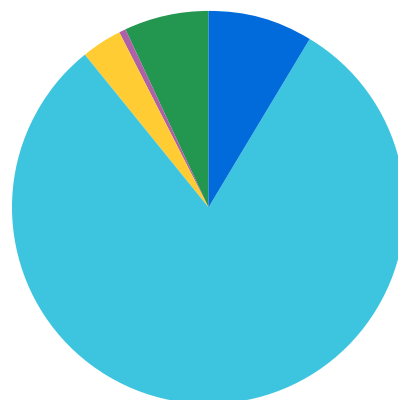
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*Our history of fiscal stability allows us to continue to develop products, programs, and services to help our members be leaders in the field of child and adolescent psychiatry.*

2019

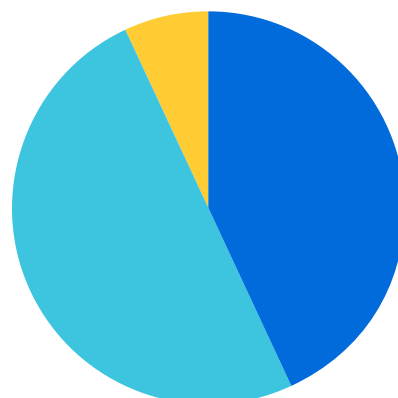
### ASSETS

Cash	\$ 1,877,551	■
Investments	17,213,430	■
Receivables, net	751,444	■
Prepaid expenses and other	117,628	■
Property and equipment, net	1,431,645	■
<b>Total Assets</b>	<b>\$ 21,391,698</b>	



### LIABILITIES AND NET ASSETS

Liabilities	\$ 1,597,994	■
Accounts payable and accrued expenses		
Deferred revenue	1,842,158	■
Regional Council dues payable	251,861	■
<b>Total Liabilities</b>	<b>\$ 3,692,013</b>	



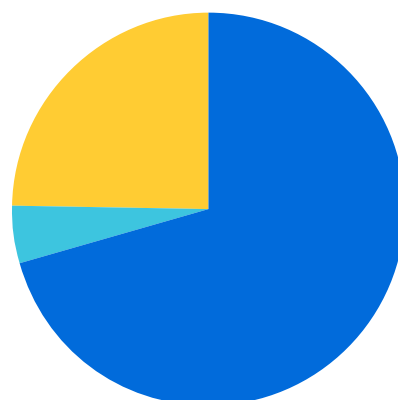
### Net Assets

#### Without donor-restrictions:

Undesignated	\$ 12,488,449	■
Board designated	881,365	■
	13,369,814	

#### With donor-restrictions

	4,329,871	■
	17,699,685	
<b>Total Liabilities and Net Assets</b>	<b>\$ 21,391,698</b>	





## STATEMENT OF ACTIVITIES FOR THE YEAR ENDED DECEMBER 31, 2019

	WITHOUT DONOR RESTRICTIONS	WITH DONOR RESTRICTIONS	TOTAL
REVENUE AND SUPPORT:			
Annual meeting and institutes	\$ 2,782,937	\$ -	\$ 2,782,937
Membership dues and fees	3,082,473	-	3,082,473
Investment gain (loss), net	2,146,896	607,964	2,754,860
Grants and contributions	1,752,438	160,666	1,913,104
Journal and royalties	1,463,489	-	1,463,489
Publications	298,780	-	298,780
Member benefit royalties	270,000	-	270,000
Training	27,372	-	27,372
Advertising	23,701	-	23,701
Building – rental income	288	-	288
Other income	436	-	436
Net assets released from restrictions	224,857	(224,857)	-
<b>Total revenue and support</b>	<b>12,073,667</b>	<b>543,773</b>	<b>12,617,440</b>
EXPENSES:			
Program services:			
Meetings and CME	2,627,637	-	2,627,637
Research	2,111,110	-	2,111,110
Clinical Practice	1,218,268	-	1,218,268
Journal	1,049,362	-	1,049,362
Membership and communication	1,023,031	-	1,023,031
Advocacy	889,209	-	889,209
<b>Total program services</b>	<b>8,918,617</b>	<b>-</b>	<b>8,918,617</b>
Supporting services:			
Administration	984,589	-	984,589
Fundraising	469,921	-	469,921
<b>Total supporting services</b>	<b>1,454,510</b>	<b>-</b>	<b>1,454,510</b>
<b>Total expenses</b>	<b>10,373,127</b>	<b>-</b>	<b>10,373,127</b>
<b>Change in net assets</b>	<b>1,700,540</b>	<b>543,773</b>	<b>2,244,313</b>
Net assets:			
Beginning	11,669,274	3,786,098	15,455,372
Ending	\$ 13,369,814	\$ 4,329,871	\$ 17,699,685

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