

# 2016

AACAP Annual Report



AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

WWW.AACAP.ORG

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# MESSAGE FROM THE PRESIDENT

The 2016 Annual Report is more than a listing of AACAP's programs from the year. It is a written account of our accomplishments and how leadership, members, and staff all worked together to achieve them. We had much to be proud of in 2016; we continued to experience strong membership growth, developed new resources to help our members be more effective in their practice, and more.

This is also the perfect opportunity not just to highlight our collective efforts, but to recognize all of the individuals who have helped in making this year such a tremendous success. I am especially grateful to Heidi Fordi, AACAP Executive Director, and the outstanding and energetic AACAP staff for their support of my Presidential Initiative: Integrated Mental Health Care.

We all can agree that the rationale for integrated care rests on a firm foundation. Lack of access to needed mental health care, decreased stigma and greater awareness of the importance of psychological issues in medical care, recognition that our hugely expensive medical system does not work well, and the importance of prevention and early intervention are the forces behind the movement toward integrated care, and none of these forces are about to go away – no matter what happens with healthcare.

A special thank you to David DeMaso, MD, Heather Walter, MD, and the AACAP IT staff for their work in creating the Pediatric Integrated Care Resource Center at [integrated-careforkids.org](http://integrated-careforkids.org) that went live at our meeting in October. I am incredibly pleased with the direction of my Presidential Initiative on Integrated Care, and the interest in integrated care at all levels was best reflected in the vibrant program at our recent Annual Meeting in New York City.

AACAP members rely on us to provide them with the resources they need to continuously enhance their knowledge and incorporate new skills into their practice. Thanks to the creative and dedicated work of our volunteer leaders, members, and staff, we were able to respond more fully to our membership's evolving needs, deal effectively with challenges, build our resources, and capitalize on opportunities for growth. This does not happen in a vacuum. Our successes are made possible through the decisive action and hard work of our devoted community.



Longtime members know as well as we do how much AACAP has grown. As our membership continues its recent expansion, our organization is further strengthened by our diversity. We celebrate our differences, proudly stand behind our diverse perspectives, and define our community as one where cultures and values are accepted, appreciated, and celebrated.

All of these activities, and others we have undertaken, work together to influence the future direction of the profession and the association. It was a busy, productive year, and we are confident that our endeavors firmly position us and our members for even greater success in the years to come.

Now, let us celebrate our triumphs in 2016, and then into the future we go!

Very sincerely,

A handwritten signature in black ink that reads "Gregory K. Fritz, MD". The signature is written in a cursive, flowing style.

**Gregory K. Fritz, MD**  
President, AACAP



# MESSAGE FROM THE EXECUTIVE DIRECTOR

I would like to take this opportunity to thank you for being part of AACAP's story. Our history overflows with your generosity and support of children's mental health. You continue to propel our mission forward with your endless contributions of participation, mentorship, volunteer work, donations, and more; 2016 was no exception.

AACAP achieved several triumphs this year. Once again, our membership continued to grow; we are now over 9,200 members strong. A new award commenced and yet another became possible. Furthermore, our ongoing efforts for Break the Cycle raised funds and awareness this year.

The generosity and vision of James C. Harris, MD, and Catherine DeAngelis, MD, MPH, launched the James C. Harris, MD, Developmental Neuropsychiatry Forum at AACAP's 63rd Annual Meeting. At the inaugural event, Annual Meeting attendees learned about cutting-edge science in the evolving field of developmental neuropsychiatry. Moving forward, the forum will continue to explore new chapters in the subspecialty. I look forward to seeing this landmark program continue to evolve and flourish.



In 2016, we found a new champion for children's mental health! I want to express my deep gratitude to Lisa Yang, MBA, for her support. Lisa Yang, the winner of AACAP's 2016 Catchers in the Rye Humanitarian Award, announced a donation of \$100,000 to AACAP to honor Marilyn E. Benoit,

MD. This display of dedication to children's mental health reminded me once again why Lisa so deservedly received our Humanitarian Award. Dr. Benoit and AACAP's Adoption and Foster Care and Child Maltreatment and Violence Committees are currently working together to create a program that will put Lisa's gesture of goodwill to good use.

Another effort that continued to race full-speed ahead in 2016 was Break the Cycle. I could not be happier about the support that has swelled around Andrés Martin, MD, MPH, and his monumental effort to raise awareness and contributions for



Marilyn Benoit, MD,  
Lisa Yang, and  
Gregory K. Fritz, MD.

children's mental illnesses. In addition to the funds raised, many regional organizations began to plan local events to support the ride; riders signed up to join along the route; and people took the pledge to raise awareness. I cannot wait to see the culmination of this effort in the coming year.

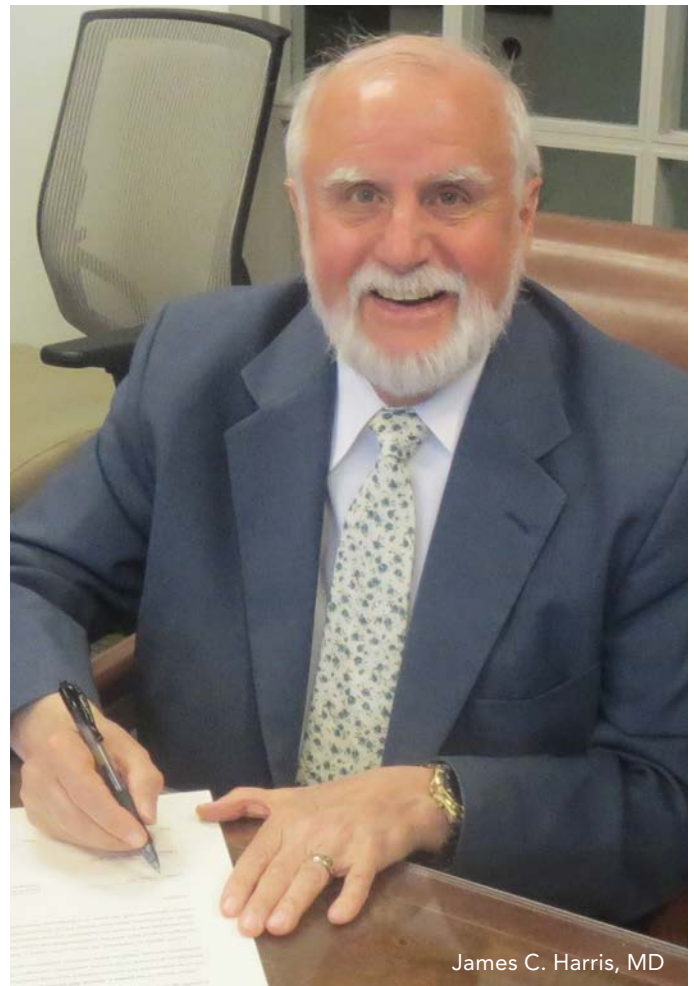
One of my greatest pleasures as AACAP's Executive Director is to work alongside such giving individuals. Thank you to our donors and supporters for choosing to be champions of children's mental health. It is the cumulative effect of each demonstration of support that allows us to make a difference in the lives of children, adolescents, and their families.

Looking back on 2016, I consider myself lucky to be a witness to the positive change generated through the hard work and meaningful relationships in our community. Your dedication and care line the pages of this year's Annual Report. As you read through, I hope you remember that the following accomplishments are a direct result of our close collaboration. Together, we are crafting a brighter future for children and families. I look forward to seeing where our collective journeys lead us in 2017.

Most sincerely,

*Heidi B. Fordi*

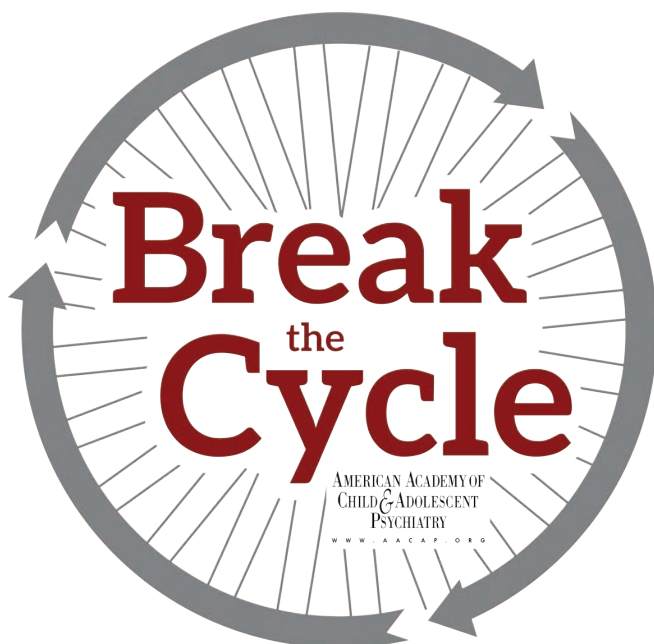
**Heidi B. Fordi, CAE**  
Executive Director



James C. Harris, MD




Andrés Martin, MD, MPH







# ADVOCACY & CLINICAL PRACTICE



## RESIDENT SCHOLARS

The Department of Government Affairs & Clinical Practice hosted its first two Resident Scholars in 2016, Justin Schreiber, DO (Pittsburgh), and Laura Willing, MD (North Carolina). AACAP's Resident Scholars are child and adolescent psychiatry trainees with interest in advocacy and who are willing to spend a month in Washington, DC. They apply their clinical experience and knowledge to help expand AACAP's advocacy and health policy work. The Resident Scholars visited Capitol Hill, attended Congressional meetings and hearings, participated in briefings, and assisted in the preparation of AACAP's annual Legislative Conference. Resident Scholars also hosted a staff "lunch and learn," facilitating an in-depth staff conversation related to psychiatry.

## ADVOCACY & COLLABORATION GRANTS

AACAP supports advocacy activities of its regional organizations by making annual Advocacy and Collaboration Grants available. These awards help AACAP's regional organizations develop advocacy activities that educate stakeholders, collaborate with local coalition partners, or promote initiatives to support children's mental health in their state or local community.

In 2016, AACAP's state or regional organizations in Colorado, Maine, Minnesota, North Carolina, Nebraska, Nevada, and New York were awarded Advocacy and Collaboration Grants. Awardee activities included collaborating with school-based staff to increase mental health treatment in school settings, growing a children's health coalition to educate state lawmakers about mental health needs of children, and hosting a summit to discuss community violence and its effect on child development with local leaders.



AACAP Advocates gathering on the steps of Capitol Hill

## CENTER FOR MENTAL HEALTH SERVICES (CMHS) PUBLIC POLICY FELLOWSHIPS

For the sixth straight year, AACAP joined with the Substance Abuse and Mental Health Services Administration (SAMHSA) to offer child psychiatry fellows the opportunity to work with AACAP's Systems of Care Committee and the Center for Mental Health Services (CMHS). This year, our selected trainees dedicated one day a week, working remotely, to learning about public sector service and community-based child and adolescent psychiatry policies and practices. For 2016-2017, our virtual fellows were Megan Baker, MD (Stanford), and Shashwat Pandhi, MD, MPH (Drexel).

## PRACTICE GUIDELINES AND CLINICAL UPDATE SERIES DOCUMENTS

AACAP's Committee on Quality Issues continues to develop and write Clinical Practice Guidelines, and it supports the development of Clinical Update Series documents, authored by individual AACAP committees. There are seven Clinical Update Series documents and one Clinical Practice Guideline under current development, with plans for several more in the pipeline.

## COLLABORATIVE CARE CODES APPROVED

In 2016, the American Medical Association (AMA) approved three codes for psychiatric collaborative care management services, which AACAP supported. These codes are expected to be published in the 2018 AMA Current Procedural

Terminology manual, at which time insurance plans can begin to adopt these codes to reimburse the services of primary care physicians, psychiatric consultants, and care managers working in a collaborative manner. A separate code for general behavioral health integration was also approved. The Medicare program will begin to reimburse these codes in the 2017 Physician Fee Schedule.

## SIGNATURE CLINICAL PRACTICE PRODUCTS

There has been a surge in interest for CASII and ECSII trainings in 2016 with inquiries originating from all parts of the country as well as Canada. AACAP's Department of Clinical Practice has continued to provide resources for sites currently using the instruments and facilitated new trainings in North Dakota, Michigan, Louisiana, and Kentucky. Recognizing the growth and pent-up demand for increased access to the CASII and ECSII, AACAP President Gregory K. Fritz, MD, formed a Task Force charged with making recommendations on how to meet training needs in the electronic age. AACAP continues efforts to integrate both instruments into various electronic health record (EHR) platforms as well as revamp its CASII online training capabilities to provide agencies the tools they need to deliver quality care for children and adolescents.

## DISTINGUISHED MEMBER AND ACADEMIC PAPER AWARDS

AACAP CANCRO ACADEMIC LEADERSHIP AWARD

**Mary W. Brown, MBA**

*Honors Presentation:* Necessity: The Mother of Invention





AACAP SIDNEY BERMAN AWARD FOR THE SCHOOL-BASED STUDY AND TREATMENT OF LEARNING DISORDERS AND MENTAL ILLNESS

**Shashank V. Joshi, MD**

*Honors Presentation:* Cultural Considerations in School Mental Health: Lessons Learned from Diverse Settings

AACAP IRVING PHILIPS AWARD FOR PREVENTION

**Frank W. Putnam, Jr., MD**

AACAP NORBERT AND CHARLOTTE RIEGER PSYCHODYNAMIC PSYCHOTHERAPY AWARD

**Sergio Delgado, MD**

*Honors Presentation:* Two-Person Relational Psychotherapy of a High School-Age Adolescent: Integrating Intersubjectivity and Neuroscience in Clinical Work

AACAP NORBERT AND CHARLOTTE RIEGER SERVICE PROGRAM AWARD FOR EXCELLENCE

**Lisa Ann Durette, MD**

*Honors Presentation:* Leveraging Partnerships to Strengthen Local Child and Adolescent Psychiatry Resources and to Improve Outcomes

AACAP JEANNE SPURLOCK LECTURE AND AWARD ON DIVERSITY AND CULTURE

**Cheryl S. Al-Mateen, MD**

*Honors Presentation:* The Cultural Formulation and Academic Psychiatry

AACAP GEORGE TARJAN, MD, AWARD FOR CONTRIBUTIONS IN DEVELOPMENTAL DISABILITIES

**James T. McCracken, MD**

*Honors Presentation:* The Tarjan Legacy of Prevention: An Update

AACAP SIMON WILE LEADERSHIP IN CONSULTATION AWARD

**L. Read Sulik, MD**

*Honors Presentation:* Transforming Health and Wellness Through Dynamically Integrated Health Care: A Big Solution to Health Care's Big Problems

AACAP ROBINSON-CUNNINGHAM AWARD FOR BEST PAPER BY A RESIDENT

**Anjali Varigonda, MD**

*Publication:* Systematic Review and Meta-Analysis: Early Treatment Responses of Selective Serotonin Reuptake Inhibitors in Pediatric Major Depressive Disorder



AACAP Staffers Michael Linskey (Left) and Zach Kahan (right) with Congressman Brad Ashford (center)





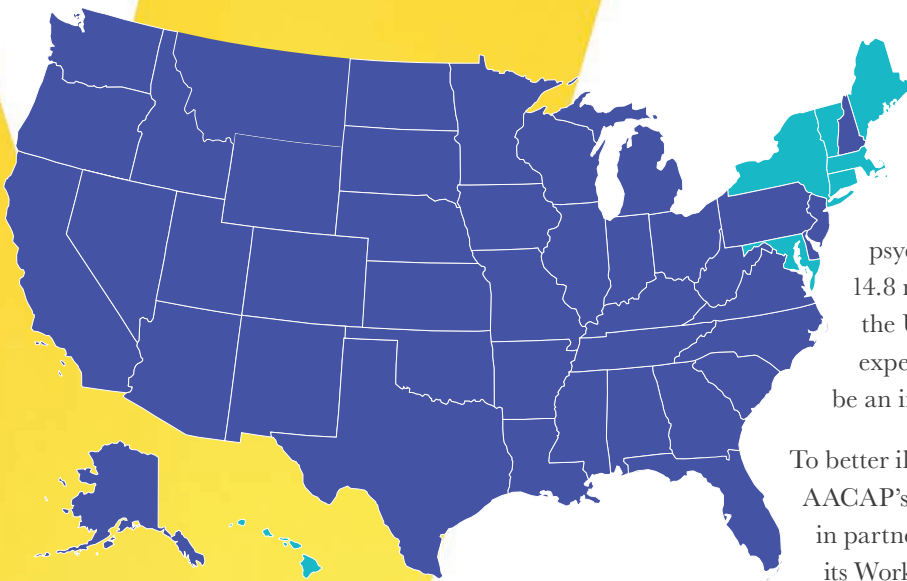
# WORKFORCE, DEVELOPMENT & RECRUITMENT

AACAP works to educate the next generation of child and adolescent psychiatry's leaders by recruiting more medical students and residents to the specialty through fellowships, grants, and mentorship programs.

## WORKFORCE SHORTAGE

According to the United States Census, there are 74 million children living in the United States. Of those youth, approximately 20 percent, or 14.8 million, of adolescents ages 13 to 18 and 13 percent of 8 to 15 year-olds experience severe mental disorders in a single given year. Data from the 2015 American Medical Association (AMA) Physician Masterfile indicates there are approximately 8,350 child and adolescent psychiatrists available to serve the needs of the 14.8 million children affected by mental illness in the United States. As the population of children is expected to grow to 101.6 million in 2050, there will be an increasing need for mental health services.

To better illustrate this critical workforce shortage, AACAP's Department of Research, Grants & Workforce, in partnership with Wun Jung Kim, MD, updated its Workforce Shortage Maps. Data from the AMA Masterfile and the United States Census were used to update the maps. The improved maps illustrate the average number of practicing child and adolescent psychiatrists (CAPs) per 100,000 children, age 0-17, at the state and county level. This resource serves as a helpful tool in educating and engaging policymakers, administrators, families, and providers about the issues affecting our specialty.



**STATE SHORTAGE RATE**  
(CAPs Per 100K)

- Mostly Sufficient Supply ( $\geq 47$ )
- High Shortage (18–46)
- Severe Shortage (1–17)



Highlighted changes include:

- A user-friendly interactive map illustrating the extreme CAP workforce crisis nationwide
- Demarcated shortage areas, defined by U.S. Census Bureau child population statistics in relation to counts of practicing CAPs per county
- Easy-to-read, downloadable state snapshots

## MENTORSHIP

AACAP provides an ongoing mentorship program along with a variety of formal and informal mentorship activities at AACAP's Annual Meeting.

The Mentorship Network connects medical students, residents, and early career psychiatrists (ECPs) with mentors across the country. During 2016, more than 370 medical students, residents, and ECPs signed up for a mentor, and 261 members volunteered to serve as mentors. Given the extreme shortages in our specialty, it is integral to our continued success that we provide trainees with superior mentorship so that they can help close the workforce gaps in child and adolescent psychiatry.

Key activities offered at the 2016 Annual Meeting included:

## Career Development Forum

Thirty-five experts representing the following diverse specialties within child and adolescent psychiatry volunteered to talk one-on-one with more than 100 trainees: Academic Psychiatry, Addiction Psychiatry, Advocacy and Policy Making, Balancing Career and Family, Community Psychiatry, Early Career Psychiatry, Electroconvulsive Therapy Treatment, Forensic Psychiatry, Getting Published, LGBTQ in CAP, Medical Students, Private Practice, Psychotherapy, Research, School Mental Health, Social Media, Training and Education, and Triple Board.

## ECP Mentorship Forum and Leadership Consultation Workshop

ECPs were invited to attend an event with senior mentors in the field to engage in mentorship and leadership training. At the event, participants were organized into small discussion groups based on areas of interest, including Training and Education; Work-Life Balance; International Medical Graduate (IMG) Issues; New Program Development; Research and Academics; Private Practice Careers; Inpatient and Residential Treatment; Integrated Behavioral Health; School Based Mental Health; Writing, Publishing, and Other Creative Outlets; and Involvement with AACAP. Mentors served as discussion group facilitators, answering questions and sharing their experiences with junior colleagues who have similar interests, passions, and concerns.

## Medical Student and Resident Breakfast

Open to all medical students and residents, the Medical Student and Resident Breakfast provided an opportunity for 46 medical students and residents to network with peers, mentors, and AACAP members in an informal setting. Scott Palyo, MD, Yiu Kee Warren Ng, MD, and James J. Hudziak, MD, shared their career experiences, representing clinicians in early, mid, and late career stages.

## Medical Student and Resident Networking Hour

More than 150 trainees networked with peers in mid and late career stages at an informal meet and greet.

## Resident as Teacher

This interactive program provided more than 80 trainees with a toolkit to enhance the learning environment for the twenty-first-century learner.

## Two-Day Mentorship Program

More than 176 trainees were paired with 63 early to senior child and adolescent psychiatrist mentors to build relationships, share ideas, address challenges, and reflect on work-life balance.



## PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Medical students and residents received funding for the following Annual Meeting award opportunities in 2016.

### Life Members Mentorship Grants for Medical Students

AACAP's Life Members Mentorship Grants for Medical Students are supported by AACAP's Life Members Fund. Thirteen medical students from a broad range of medical colleges were provided with travel support for AACAP's Annual Meeting and received one-on-one mentoring with many senior leaders and Life Members.

### Educational Outreach Program

In 2016, AACAP's Campaign for America's Kids (CFAK), John E. Schowalter, MD, Endowment Fund, and Life Members Fund, provided funding support for 50 child and adolescent psychiatry residents to participate in AACAP's Annual Meeting in New York through the Educational Outreach Program (EOP). AACAP's Endowment funded 15 general psychiatry residents to attend the Annual Meeting.

The EOP provides travel support for residents, enabling them to tap into innovative career opportunities and a vibrant network by participating in special events for residents at the Annual Meeting. The EOP is instrumental in integrating residents into the field; 90 percent of general psychiatry residents who participate in the program become child and adolescent psychiatrists.



Marilyn B. Benoit, MD and Y.K. Warren Ng, MD, Treasurer, AACAP



## JOURNAL AWARDS

AACAP administers Journal Awards recognizing child and adolescent psychiatrists and AACAP members who have made significant contributions to the specialty through publication in *JAACAP*. Awardees receive honoraria, are honored at the Distinguished Awards Luncheon, and make an honors presentation about their work during AACAP's Annual Meeting.

AACAP ELAINE SCHLOSSER LEWIS AWARD FOR RESEARCH ON ATTENTION-DEFICIT DISORDER

### Robert Milin, MD

*Honors Presentation:* Impact of a Mental Health Curriculum on Knowledge and Stigma Among High School Students: A Randomized Controlled Trial  
*JAACAP* 2016;55:383-391.

KLINGENSTEIN THIRD GENERATION FOUNDATION AWARD FOR RESEARCH IN DEPRESSION OR SUICIDE, SUPPORTED BY THE KLINGENSTEIN THIRD GENERATION FOUNDATION

### Joan L. Luby, MD

*Honors Presentation:* Suicidal Cognitions and Behaviors in Early Childhood: Why Does It Arise and What Does It Mean?  
*JAACAP* 2015;54:926-937.

AACAP NORBERT AND CHARLOTTE RIEGER AWARD FOR SCIENTIFIC ACHIEVEMENT

### Charles H. Zeanah, Jr., MD

*Honors Presentation:* High Quality Foster Care Mitigates Callous-Unemotional Traits Following Early Deprivation in Boys: A Randomized Controlled Trial  
*JAACAP* 2015;54:977-983.





# RESEARCH

AACAP promotes and supports the development of early career psychiatrists through publicized research and training opportunities and sponsored initiatives.

We fulfill the needs of child and adolescent psychiatrists by publishing peer-reviewed research, curricula, and recruitment materials; holding scientific meetings; and offering fellowships and awards to encourage scientific excellence. We administer an extensive award portfolio of mentored research and training awards. These opportunities were created for medical students, general psychiatry residents, child and adolescent psychiatry fellows, and junior faculty interested in establishing careers in research. AACAP relies on federal and industry support as well as contributions from members to make these awards possible.

## RESEARCH INITIATIVE

AACAP's Research Initiative is designed to strengthen the research infrastructure for understanding and treating children and adolescents suffering from mental illnesses. There remains a critical need for research to examine the safety, efficacy, and effectiveness of the various interventions that are employed in the treatment of children who have mental illnesses. Although this need is great, significant obstacles hamper the research community's ability to develop the kind of evidence needed to guide clinical practice.

In 2000, through the Research Committee, AACAP began a strategic capacity-building initiative. The goals of this initiative are to increase the number of researchers, influence federal research policy (e.g., NIH, FDA), and build research skills among clinicians. The Research Initiative supports various programs including AACAP's Junior Investigator Award, Research Institute, and Research Symposium. Funding for the Research Initiative has included support from a host of industry supporters. Funders in 2016 included Sunovion Pharmaceuticals, Inc., Pfizer, Inc., and Supernus Pharmaceuticals, Inc.

The landscape for receiving funding for mentored research experience is constantly changing. AACAP seeks to diversify the Research Initiative funding portfolio by securing support from private foundations and other donors interested in strengthening the field of child and adolescent psychiatry research.

## JUNIOR INVESTIGATOR AWARD

AACAP's Junior Investigator Award, supported by AACAP's Research Initiative, provides up to \$30,000 a year for two years of research support to child and adolescent psychiatry junior faculty. AACAP's Research Initiative has been funded historically by industry supporters such as Lily USA and Shire Pharmaceuticals. Current funders of the Research Initiative include Pfizer, Inc., Sunovion, and Supernus.

### AACAP JUNIOR INVESTIGATOR AWARD

#### **Ernest Pedapati, MD, MS**

*Project Title:* Eye Tracking as a Predictor of Methylphenidate Response in Autism with Comorbid Attention Deficit Hyperactivity Disorder

## MENTORED RESEARCH TRAINING GRANTS

### **Summer Medical Student Fellowships**

Eleven medical students were awarded AACAP's Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP's Campaign for America's Kids (CFAK), to explore the field of child and adolescent psychiatry. Two of the recipients were partially supported by the Ruth and Peter Metz Family Foundation. Under the guidance of senior child and adolescent psychiatrist mentors, the fellowship recipients spent the summer in clinical and research settings and attended AACAP's Annual Meeting to present their findings.



Gregory K. Fritz, MD, President, AACAP, with 2016 award winners

Summer fellowships give many medical students the opportunity to gain exposure to the field of child and adolescent psychiatry, which they often do not receive in medical school. The fellowship programs are highly competitive and have a positive impact on the career paths of all recipients.

#### **Dallas Argueso**

*Project Title:* Sex Differences in Weight Restoration and Quality of Life After Family Based Treatment of Children and Adolescents with Restrictive Eating Disorders  
*partially supported by the Ruth and Peter Metz Family Foundation*

#### **Diana J. Back**

*Project Title:* Social Information Processing in Autism Spectrum Disorder

#### **Catherine Chan**

*Project Title:* The Impact of Personal Loss Bereavement on Medical Students during Their Training and the Efficacy of Web-Based Support Intervention

#### **Alexander Demand**

*Project Title:* Systematic Review of Outcomes in the Treatment of Childhood and Adolescent Posttraumatic Stress Disorder

#### **Nohemi Herrera**

*Project Title:* Symptoms Related to Prenatal Exposure to Alcohol and Substances Symptoms Masquerading as Attention-Deficit/Hyperactivity Disorder  
*partially supported by the Ruth and Peter Metz Family Foundation*

#### **Morgan A. McCoy**

*Project Title:* Assessment of Clinician's Knowledge and Screening Practices of Non-Medical Stimulant Use in Patients with Attention-Deficit/Hyperactivity Disorder

#### **Samantha Parkhurst**

*Project Title:* Improved Metabolic and Psychiatric Outcomes with Discontinuation of Atypical Antipsychotics in Youth Hospitalized in a State-Operated Facility

#### **Hilary K. Renaldy**

*Project Title:* Effectiveness of a Modified Evidence-Based Parenting Program in a Disadvantaged Large Urban Setting

#### **Allison Salk**

*Project Title:* Phenotype of Term vs. Preterm Children in the Autism Treatment Network Database

#### **Sarah L. Weatherall**

*Project Title:* Evaluating the Feasibility and Acceptability of the Track System: An Empirically Informed Intervention for Adolescent Psychiatric Inpatients

#### **Rachel A. Zambrowicz**

*Project Title:* Does the TFEQ Restraint Scale Predict Eating Behavior in a Laboratory Meal?

### **JEANNE SPURLOCK MINORITY MEDICAL STUDENT FELLOWSHIPS**

AACAP's Jeanne Spurlock Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA) and AACAP's Campaign for America's Kids (CFAK), provided three medical students with the opportunity to gain research experience in the field of child and adolescent psychiatry. After completing the summer fellowship, the recipients participated in Annual Meeting activities and provided a poster presentation on their experiences.

#### **Joseph M. Aloï**

*Project Title:* Differential Patterns of Dysfunctional Punishment Processing in Adolescents With Substance Abuse Histories and Disruptive Behavior Disorders

#### **Kristen Kim**

*Project Title:* Reward Prediction Error in Drug-Naïve Youth at Risk for Substance Abuse

#### **Olivetta N. Uradu**

*Project Title:* Mental Health and Behavioral Changes in Children of Addicted Parents: A Literature Review

### **RESIDENT AWARD**

The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA), provides up to \$10,000 in training support to



two awardees in addition to a mentor stipend of up to \$1,500. The two 2016 awardees are:

**Alison Duncan, MD**

*Project Title:* Bolstering spirit and knowledge: Promoting evidence based non-pharmacologic and pharmacologic treatment of substance use disorders in adolescents with co-occurring psychiatric disorders in the inpatient and partial hospital psychiatric settings

**Evan Trager, MD**

*Project Title:* Prevalence and predictors of comorbid substance use disorders and mental illness among foster youth

**PILOT RESEARCH AWARDS**

AACAP's Pilot Research Award is supported by both internal fund mechanisms and industry supporters, Pfizer, Inc., PhRMA, and Arbor. AACAP's Pilot Research Award Program provides general psychiatry residents, child and adolescent psychiatry, fellows, and junior faculty up to \$15,000 for one year of support for research on child and adolescent mental health. AACAP's Pilot Research Award for Attention Disorders, supported by AACAP's Elaine Schlosser Lewis Fund, provides up to two child and adolescent psychiatry fellows and junior faculty up to \$15,000 for one year of support for research on attention disorders and/or learning disabilities. Pilot Award recipients present their research in the form of a poster at AACAP's Annual Meeting in the succeeding year after receiving their award.

AACAP PILOT RESEARCH AWARD FOR ATTENTION DISORDERS, SUPPORTED BY AACAP'S ELAINE SCHLOSSER LEWIS FUND AND PARTIALLY SUPPORTED BY THE SY SYMS FOUNDATION

**Naser Ahmadi, MD, PhD**

*Project Title:* Trial of Positive Psychiatry in Comorbid Attention Deficit Hyperactive Disorder with Posttraumatic Stress Disorder

**Ryan Sultan, MD**

*Project Title:* Analysis of Clinical and Demographic Characteristics of ADHD Youth Prescribed Antipsychotics

AACAP PILOT RESEARCH AWARDS FOR JUNIOR FACULTY AND CHILD AND ADOLESCENT PSYCHIATRY FELLOWS, SUPPORTED BY AACAP

**Danielle Baribeau, MD**

*Project Title:* Biological Correlates of Social Processing Across Childhood-onset Neurodevelopmental Disorders



Deserving award winners, ensuring that the future of our specialty is strong!

**Anthony Deo, MD, PhD**

*Project Title:* BDNF and cognition in individuals at clinical high-risk for psychosis

**Kelli C. Dominick, MD, PhD**

*Project Title:* Functional Connectivity In Infants with Fragile X Syndrome and High-Risk Infant Siblings of Individuals with Autism Spectrum Disorder

**Jerome Taylor, Jr., MD**

*Project Title:* Identifying predictors of antipsychotic-induced metabolic dysfunction in early-onset schizophrenia(s)

**Pilar Trelles, MD**

*Project Title:* The Impact of Attention Deficit on Clinical and Functional Outcomes in Autism Spectrum Disorder



Gregory K. Fritz, MD, AACAP Summer Medical Student Fellow  
Diana Back, and her mentor, Suma Jacob, MD, PhD



2016 AACAP Summer Medical Student Fellows, along with their mentors and Gregory K. Fritz, MD

AACAP PILOT RESEARCH AWARDS FOR GENERAL PSYCHIATRY RESIDENTS, SUPPORTED BY ARBOR, PhRMA, AND PFIZER, INC.

#### **Christina Tolbert, MD**

*Project Title:* The Differential Effects of Race/Ethnicity in Childhood Victimization, the Development of Trauma-Related Mental Illness and Trauma Service Utilization

#### **PHYSICIAN SCIENTIST PROGRAM IN SUBSTANCE ABUSE, SUPPORTED BY THE NATIONAL INSTITUTE ON DRUG ABUSE (NIDA)**

AACAP collaborates with the National Institute on Drug Abuse (NIDA) to produce new child and adolescent psychiatry researchers in the substance abuse and addiction field, through a Career Development (K12) Award supported by the National Institutes of Health (NIH). Since its inception in 1998, this successful program has produced 18 child and adolescent psychiatry researchers. In 2016, AACAP selected six scholars for the fourth cohort of this premier program for the 2015-2020 grant period.

AACAP's Physician Scientist Program in Substance Abuse Program, supported by NIDA, seeks to increase the number of child and adolescent psychiatrists with independently funded addiction research careers, expand clinical and research training in child and adolescent substance abuse in the trainee's home and academic institutions, and create a sustainable infrastructure and national network of mentors and academic research institutions to support addiction research training.

The AACAP-NIDA K12 grant has been highlighted as a model grant for assisting junior faculty in developing independent research careers. The grant of over \$6 million, awarded over 5 years, provides research and salary support as well as mentoring for six child and adolescent psychiatrists with a commitment to becoming independent researchers.

Paula Riggs, MD, serves as the Principal Investigator, and Kevin Gray, MD, serves as the Chair of the program's Advisory Committee, which consists of prominent researchers in the field of child and adolescent psychiatry.

This year, six highly qualified scholars were selected to receive funding over 5 years for their respective projects. They hail from a diverse array of backgrounds and have demonstrated remarkable professional achievement early in their careers and a commitment to research. The six scholars are:

#### **Allan Andersen, MD**

*Project Title:* Tobacco and Cannabis Smoking Effects on Immune Function in Youth

#### **Kara S. Bagot, MD**

*Project Title:* Mobile Health Intervention for Adolescent Cannabis Use

#### **Eraka Bath, MD**

*Project Title:* Commercially Sexually Exploited Youth in Specialty Courts: Examining Substance Use and Mental Health Problems and Adapting Emergent Technologies to Increase Engagement



**Christopher Hammond, MD**

*Project Title:* Neurobiological Change in Cognitive Control and Salience Brain Network Function After Substance Use Treatment Response in Adolescents with Cannabis Use Disorders

**Roya Ijadi-Maghsoodi, MD**

*Project Title:* Strengthening Homeless Families with Parental Substance Abuse

**Amy Yule, MD**

*Project Title:* A Randomized Discontinuation Study of Quetiapine for the Treatment of Youth with Co-Occurring Substance Use Disorders (SUD) and Bipolar Disorder (BD)



Gregory K. Fritz, MD, and 2016 AACAP Robinson Cunningham Award recipient, Anjali Varigonda, MD



Dr. Fritz; 2016 AACAP Summer Medical Student Fellow, Nohemi Herrera; and her mentor, Marilyn Griffin, MD

**KLINGENSTEIN THIRD GENERATION FOUNDATION (KTGF) MEDICAL STUDENT PROGRAM**

In October 2010, AACAP began administering the KTGF Medical Student Program, funded by KTGF. Through this program, AACAP's Department of Research, Grants & Workforce administers grants to 14 Medical Student Program sites. The current KTGF Medical Student Program sites are:

- Brown University
- Harvard University
- Icahn School of Medicine at Mount Sinai
- Mayo Medical School
- Stanford University
- Tulane University
- University of California, Davis
- University of California, Los Angeles
- University of Illinois at Chicago
- University of Iowa
- University of North Carolina, Chapel Hill
- University of Vermont
- Washington University in St. Louis
- Yale University

The goal of the KTGF Medical Student Program is to encourage medical students in participating programs to pursue a career in child and adolescent psychiatry and to increase our knowledge of medical students selecting other medical specialties related to children's health. Evaluation efforts have indicated that the KTGF Medical Student Programs are effective in both increasing an understanding of the child psychiatry specialty and in influencing the students' desire to pursue a career in it.

Each year, participating schools gather for the National Medical Student Conference. The 2016 conference was hosted by Yale University in New Haven, Connecticut, February 26-27. Twelve of the fourteen Medical Student Programs participated in the conference along with KTGF and AACAP. Approximately 120 medical students, fellows, faculty, and staff attended the conference. The conference included student oral presentations, a networking lunch, student poster presentations, faculty presentations, and family speakers. Washington University in St. Louis will host the 2017 conference in March.





# PROFESSIONAL EDUCATION

AACAP's continuing medical education (CME) programs are part of clinicians' lifelong learning and daily practice and are designed to bring the best treatments to children in need.

AACAP's Annual Meeting, Douglas B. Hansen, MD, Annual Review Course, Pediatric Psychopharmacology Update Institute, *Journal of the American Academy of Child and Adolescent Psychiatry*, and online CME programs educate physicians in the newest research on childhood mental, emotional, developmental, and behavioral disorders.

## ANNUAL MEETING

Each year, AACAP's Annual Meeting provides an update on the latest research and developments in child and adolescent psychiatry. In 2016, more than 5,400 people attended AACAP's 63rd Annual Meeting, in New York, NY, the largest meeting to date. Attendees included 34% of all AACAP members and over 900 international attendees. The meeting provided CME sessions devoted to children's mental health issues and was led by Boris Birmaher, MD, Program Committee Chair, James J. McGough, MD, Deputy Program Committee Chair, and Jill Zeigenfus Brafford, CMP, MTA, AACAP's Director of Meetings & CME.

Highlights from the Annual Meeting include:

- Many programs on integrated care, coinciding with AACAP President Gregory K. Fritz's Presidential Initiative.
- A focus on "wellness," both for patients and Annual Meeting attendees. Special activities included: yoga each morning and meditation each afternoon, a walk, run, and bike ride in Central Park, some "kick-off" activities for Break the Cycle, healthier food options at various events, and scientific programming about wellness and prevention.
- The Committee on Community-Based Systems of Care presented its Special Program on Monday, October 24, entitled *Meeting the Needs of Children and Youth with Complex Behavioral Health Problems in an Integrated Healthcare World*.



- The Local Arrangements Committee sponsored two Clinical Practica, titled *Integrating Mental Health, Substance Use, and Educational Services in High Risk Adolescents*, on Tuesday, October 25, at Mount Sinai and *Intensive Outpatient Care: Decreasing Risk and Promoting Rapid Recovery* on Thursday, October 27, at the Child Mind Institute. These programs highlight unique facilities in the host city for the Annual Meeting.
- The Research Symposium, sponsored by the Research Committee and supported by AACAP's Research Initiative, focused on advances in basic science related to child and adolescent psychiatry. This year's speakers were Nim Tottenham, PhD, and Regina M. Sullivan, PhD.
- The Honorable Patrick J. Kennedy gave the keynote address at the Karl Menninger, MD, Plenary on Wednesday, October 26, which was one of the most inspiring plenaries in recent memory.



Patrick Kennedy addressing the crowd during the Karl Menninger Plenary.



Patrick Kennedy, Heidi Ford, Executive Director, Kana Enomoto, Assistant Secretary, SAMHSA, and Gregory K. Fritz, MD, President, AACAP, working together and getting ready for the Karl Menninger, MD, Plenary at AACAP's Annual Meeting in New York.

- Steven Pinker, PhD, presented *The Sense of Style: The Thinking Persons' Guide to Writing in the 21st Century* at the Noshpitz Cline History Lecture on Wednesday, October 26.
- The Town Meeting focused on *Potential Allied Membership for Psychologists* on Thursday, October 27, and was chaired by Tami D. Benton, MD.
- Thomas F. Anders, MD, was interviewed by Dr. Fritz during the Presidential Interview on Friday, October 28.
- Kelly Kelleher, MD, gave the Lawrence A. Stone, MD, Plenary address on Saturday, October 29.
- A variety of mentorship opportunities were offered throughout the meeting for medical students, residents, and early career psychiatrists.
- Two psychopharmacology lectures were recorded and made available for free after the meeting. We are particularly promoting these programs to members who didn't attend the Annual Meeting as well as international physicians.

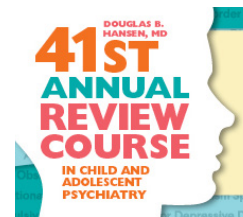
## PEDIATRIC PSYCHOPHARMACOLOGY UPDATE INSTITUTE

AACAP's 2016 Pediatric Psychopharmacology Update Institute was held in New York, NY, and saw strong attendance with 824 registrants, including 110 international registrants and 62 nurse practitioners. Co-chaired by Laurence Lee Greenhill, MD, and Melissa P. DelBello, MD, MS, the Institute focused on translating evidence-based studies into clinical practice. Psychopharmacology continues to be a popular topic among members, drawing large numbers for this meeting and over 900 attendees at the Annual Meeting psychopharmacology institute.

## DOUGLAS B. HANSEN, MD, ANNUAL REVIEW COURSE

AACAP hosted 197 attendees in Long Beach, CA, at AACAP's 2016 Douglas B. Hansen, MD, Annual Review

Course. Co-chaired by Gabrielle A. Carlson, MD, and James J. McGough, MD, the course provided a review of all major child and adolescent psychiatric topics as well as an update on state-of-the-art standards of diagnosis and treatment.



## JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY (JAACAP)

*JAACAP* is recognized worldwide as the leading scientific journal dedicated exclusively to the study of child and adolescent mental health. *JAACAP* is led by Editor-in-Chief Andrés Martin, MD, MPH, Riva Ariella Ritvo Professor at the Yale Child Study Center, and published by Elsevier. *JAACAP* is ranked among the top ten journals in psychiatry and #2 in pediatrics, as reported in the 2015 *Journal Citation Reports* published by Thomson Reuters. *JAACAP*'s 2015 impact factor is 7.182.

In June 2016, AACAP Council selected Douglas K. Novins, MD, as the future Editor-in-Chief of *JAACAP*, beginning in January 2018. Dr. Martin and Dr. Novins began working together immediately to facilitate a smooth and seamless transition.

## JOHN F. MCDERMOTT, MD, ASSISTANT EDITOR-IN-RESIDENCE FOR THE JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY

AACAP's John F. McDermott Assistant Editor-in-Residence Award, established in 2006 in honor of Editor Emeritus John F. McDermott, MD, (1986-1996), provides the opportunity for an early career child and adolescent psychiatrist to join the editorial team of a scholarly publication. The nomina-



*JAACAP* Editor-in-Chief Andrés Martin, MD, MPH, (far left) with John F. McDermott Assistant Editors-in-Residence past, present, and future (left to right): Oliver M. Stroeh, MD, Michelle S. Horner, DO, Schuyler W. Henderson, MD, MPH, and Stacy S. Drury, MD, PhD, at AACAP's 63rd Annual Meeting in New York



tion process for the 2018-2019 John F. McDermott Assistant Editor-in- Residence began in late 2016 and final selection will be made in the spring. The Assistant Editor-in-Residence will become active in and familiar with journal operations, serving first as associate editor and then editor-in-chief of *JAACAP Connect* during his/her tenure.

## JAACAP CONNECT



*JAACAP Connect* is an online companion to *JAACAP*. Now in its third volume, *Connect* is led by 2014-2015 John F. McDermott Assistant Editor-in-Residence and inaugural *JAACAP Connect* Editor Michelle S. Horner, DO. The *Connect* editorial team works with students, trainees, early career,

and seasoned physicians, regardless of previous publication experience, to develop brief science-based and skill-building articles.

## MAINTENANCE OF CERTIFICATION

During 2016, the Lifelong Learning Committee created *Module 13: Relevant Updates for Child and Adolescent Psychiatrists*, which offers members the opportunity to fulfill their Maintenance of Certification (MOC) requirements. In addition to the module, one Institute is held each year during the Annual Meeting, focusing on the topics of the module. This Institute consistently receives high evaluation ratings. Further MOC resources are developed for the membership, including an online Self-Assessment (SA) exam, Self-Assessment Workshop at the Annual Meeting, Performance in Practice (PIP) tools based on AACAP Practice Parameters, peer feedback surveys, and patient feedback surveys, including the patient feedback tools in Spanish. They are available online. AACAP will continue to provide opportunities to meet members' MOC requirements.

## CONTINUING MEDICAL EDUCATION

AACAP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians. The Accreditation with Commendation status represents AACAP's commitment to plan, implement, and evaluate activities that provide child and adolescent psychiatrists and allied health professionals the ability to affect change in how they treat patients.

## ONLINE CME PROGRAMS

AACAP offers opportunities for online education, such as online CME provided through the *Journal of the American Academy of Child and Adolescent Psychiatry*, which offers one hour of credit per issue. Approximately 300 CME certificates are issued each month for these activities.



AACAP Executive Director, Heidi B. Ford, CAE, with Drs. Harris and DeAngelis as they confirm their major gift to AACAP.

## JAMES C. HARRIS, MD, DEVELOPMENTAL NEUROPSYCHIATRY FORUM

Thanks to a generous gift in 2016 from James C. Harris, MD, and Catherine DeAngelis, MD, MPH, the first James. C. Harris, MD, Developmental Neuropsychiatry Forum was presented on Thursday, October 27. The title was *Understanding Autism in Families: From Leo Kanner to Developmental Neurobiology* and presenters were Joseph Piven, MD, and Jason J. Wolff, PhD.

The Forum detailed the risk of autism spectrum disorder (ASD) and related traits within families. It focused on how this familial recurrence impacts current clinical management, as well as promises avenues for future impact, including early detection of infants at high risk of ASD. Joseph Piven, MD, placed family risk of autism and related traits in a historical and clinical context. He highlighted Leo Kanner's initial observations and traced his influence through later work on genetic risk, as well as research on autism traits within families. To set the stage for a discussion of developmental neurobiology, he framed the high risk of ASD in younger siblings of children with autism as both a clinical challenge and a research opportunity. Jason Wolff, PhD, examined trajectories of brain development in autism, links between brain development and later behavior, and potential clinical applications. During the discussion, both speakers described how an understanding of autism within families impacts clinical practice currently, and how emerging research findings may improve future care of children with ASD and their families.





# BE A HERO

## DONATING TO AACAP IS HEROIC

When you donate to AACAP, you provide hope for children and their families, bolster the workforce of child and adolescent psychiatry so children do not have to suffer in silence, and provide opportunities for leading professionals to gather and discuss best practices.

In 2016, you made all this possible and so much more. By showing your trust in our mission and work through your generosity, we were able to provide services and programs that simply would not be possible with membership dues alone.



## LIFE MEMBERS FUND

In 2016, AACAP's Life Members Fund raised just shy of \$37,000 in support of two grant

awards initiatives. Both AACAP's Educational Outreach Program for Child and Adolescent Psychiatry Residents and AACAP's Life Members Mentorship Grants for Medical Students provide opportunities for mentorship and career development for young professionals in the specialty. Thanks to your generous donations, 30 medical students and residents attended AACAP's 63rd Annual Meeting in New York and were mentored by our Life Members.



Tony Pesavento, MD, a recipient of the Educational Outreach Program for Child and Adolescent Psychiatry Residents, said the following in a thank you letter to Life Members:

*“I wanted to send my sincere thanks and appreciation for the very kind gesture of awarding me an Educational Outreach Program scholarship. The financial assistance gave me the opportunity to attend the AACAP meeting in New York City, which was the best academic conference that I have experienced. More importantly, the many mentorship meetings, dinners and mingling opportunities allowed me to connect with so many wonderful people, many of them members of the Life [Members] Committee. The relationships that I formed as a result of this wonderful experience will not only help me professionally but also allowed me to make several friends. I sincerely hope to make the AACAP meeting an annual event for me as I grow into this field.”*

It only costs \$1,000 to send a medical student or resident to the Annual Meeting to be mentored by our Life Members — \$1,000 to inspire young child and adolescent psychiatrists like Dr. Pesavento.



Preceding page and above: Our Life Members during the Life Member Reception.



## 1953 SOCIETY

The 1953 Society continued to be an important fundraising initiative in 2016. 1953 Society gifts preserve, secure, and advance AACAP’s future, and allow us to remain champions of children with mental illness for decades to come.

We were incredibly fortunate that, in 2016, two members informed us of their 1953 Society gifts:

### Anonymous (1)

**James C. Harris, MD, and Catherine DeAngelis, MD, MPH**

Indeed, we cannot express our gratitude to you enough for choosing to name AACAP in your will. You have created a lasting memory of your support for AACAP and children living with mental illnesses.

Furthermore, the third annual 1953 Society Reception, a private event to celebrate and honor all 1953 Society members, was hosted by AACAP President Gregory K. Fritz, MD, on October 28, 2016, at AACAP’s Annual Meeting in New York City. The reception is one of the many ways we celebrate your decision to make this gift in your will.

## CATCHERS IN THE RYE AWARDS

AACAP CATCHERS IN THE RYE HUMANITARIAN AWARD

**Lisa Yang, MBA**

At AACAP’s 63rd Annual Meeting in New York City, Lisa Yang, MBA, was presented the 2016 Catchers in the Rye Humanitarian Award. Lisa personifies the word “humanitarian,” with her philanthropy and years of advocacy for mental health issues. During her acceptance speech, Ms. Yang made a \$100,000 gift to AACAP. The donation will be used to endow an award in honor of AACAP Past President Marilyn B. Benoit, MD, who currently serves as Senior Vice President, Chief Medical Officer, and Chief Clinical Officer for Devereux Advanced Behavioral Health.



#### AACAP CATCHERS IN THE RYE AWARD TO AN INDIVIDUAL

##### **John E. Schowalter, MD**

Dr. Schowalter spent his impressive career at the Yale Child Study Center where he was the residency training director for 27 years, specialized in the care of adolescents, became the first Albert J. Solnit professor, and served as the department's interim chair. He was also the president of five national organizations, including AACAP from 1989-1991.

He led efforts to change the specialty's name from "Child Psychiatry" to "Child and Adolescent Psychiatry," to obtain the Accreditation Council for Graduate Medical Education's approval for a combined 5-year residency in pediatrics, psychiatry, and child psychiatry, and to establish and cultivate AACAP's active community of Life Members.

#### AACAP CATCHERS IN THE RYE AWARD TO AN AACAP COMPONENT

##### **Membership Committee**

The Membership Committee is responsible for the recruitment, retention, and credentialing of AACAP members. For the past five years, AACAP has experienced steady and strong membership growth. From strong membership numbers to increased communication and participation with committees, the effort, energy, and leadership from the Membership Committee has been exceptional.

#### AACAP CATCHERS IN THE RYE AWARD TO A REGIONAL ORGANIZATION

##### **North Carolina Council of Child and Adolescent Psychiatry (NCCCAP)**

From its inception in the 1980s, the NCCCAP has been dedicated to improving the treatment of children and adolescents within North Carolina. The regional organization's council members have been extremely active in many AACAP initiatives, including Practice Parameters development and the Disaster and Trauma Issues Committee.

##### **JAMES C. HARRIS, MD, AND CATHERINE DEANGELIS, MD, MPH**

In April of 2016, James C. Harris, MD, and Catherine DeAngelis, MD, MPH, made a significant donation to AACAP to establish the James C. Harris, MD, Developmental Neuropsychiatry Forum that will be presented annually at AACAP's Annual Meeting. As the science of Developmental Neuropsychiatry is developing rapidly, Drs. Harris and DeAngelis seek to provide the opportunity to learn about cutting edge science in this evolving subspecialty area of child and adolescent psychiatry.



Lisa Yang, MBA, AACAP's 2016 Catchers in the Rye Humanitarian Award



Patrick Kennedy, Marilyn Benoit, MD, Lisa Yang, MBA, and Gregory K. Fritz, MD.



Your 2016 AACAP Team proudly promoting Break the Cycle!

## BREAK THE CYCLE

In August 2017, Andrés Martin, MD, MPH, a child and adolescent psychiatrist and editor-in-chief of AACAP's flagship scientific journal, is leading a cross-country bike ride from Washington State to Washington, DC, to raise awareness of the challenges faced by children with mental illnesses. This amazing effort will span 5,000 miles, 24 states, and 60 grueling days.

Your help to make this ride a reality did not go unnoticed. In 2016, Break the Cycle, supporting AACAP's Campaign for America's Kids (CAK), received an incredible \$41,000, bringing the total amount raised to over \$98,000.

The outpouring of support from individuals and regional organizations alike has been outstanding. Considering all your work this year, 2017 is poised to be a special year for Break the Cycle, AACAP, and Dr. Martin.

## VIRGINIA Q. ANTHONY OUTSTANDING WOMAN LEADER AWARD

AACAP presented Gabrielle A. Carlson, MD, with AACAP's 2016 Virginia Q. Anthony Outstanding Woman Leader Award.

AACAP's Virginia Q. Anthony Outstanding Woman Leader Award was established in 2013. It celebrates the achievements of female child and adolescent psychiatrists who have had a profound impact on their field and is awarded by AACAP's president. The award was created to honor the service of

AACAP's retired executive director. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness.

Dr. Carlson was recognized at AACAP's 63rd Annual Meeting. She has won numerous professional awards but is proudest of AACAP's Virginia Q. Anthony Outstanding Woman Leader Award.



Gabrielle A. Carlson, MD receiving AACAP's 2016 Virginia Q. Anthony Outstanding Woman Leader Award from Gregory K. Frtiz, MD, President, AACAP.





## PARAMJIT TOOR JOSHI, MD, INTERNATIONAL SCHOLAR AWARDS

AACAP's Paramjit Toor Joshi, MD, International Scholar Awards recognize child and adolescent psychiatrists or physicians in the international community who have made significant contributions to the enhancement of mental health services for children and adolescents. The awards were established in 2015 with a donation from AACAP Past President Paramjit Toor Joshi, MD.

The 2016 recipients were Olurotimi A. Adejumo, MD, BS, MSc, at the Centre for Child and Adolescent Mental Health (CCAMH), University of Ibadan, and Matías Irrarrázaval, MD, MPH, a child and adolescent psychiatrist from Chile and an assistant professor in the Department of Psychiatry at the University of Chile.

The two winners were honored during the International Reception in New York on October 26, 2016. The Paramjit Toor Joshi, MD, International Scholar Awards provide travel expenses for child psychiatrists and other physicians to attend AACAP's Annual Meeting. Awardees share their knowledge and experience with attendees at the meeting.



John E. Schowalter, MD with Gregory K. Fritz, MD, and the Life Member "Owls" at the Life Member's Dinner during the annual Meeting in New York

## JOHN E. SCHOWALTER, MD, ENDOWMENT FUND

In 2014, Frank A. Roberto, MD, made a significant initial gift to establish AACAP's John E. Schowalter, MD, Endowment Fund to recognize his mentor while a pediatric resident at Yale. Then, in 2015, Dr. Roberto announced a historic additional gift to the fund — the largest single gift by a donor in AACAP's history. The fund now supports several travel grant awards.



AACAP's Paramjit Toor Joshi, MD, International Scholars Award winners, Olurotimi A. Adejumo, MD and Matías Irrarrázaval, MD



AACAP's Ülkü Ülgür, MD, International Scholar Award winner, Bahar Gökler, MD

# THANK YOU FOR SUPPORTING AACAP

AACAP is committed to the promotion of mentally healthy children, adolescents, and families through research, training, prevention, comprehensive diagnosis and treatment, peer support, and collaboration. Thank you to the following donors for their generous financial support of our mission:

Gifts Received January 1, 2016 to December 31, 2016

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**AACAP James C. Harris, MD, Developmental Neuropsychiatry Forum**

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**New Award Initiative**  
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 Marie-Jospehe Viard, MD  
 Joyce A. Vista-Wayne, MD  
 Sheldon B. Zablow, MD\*

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 Joseph R. Mawhinney, MD  
 Paula Marie Smith, MD ♥

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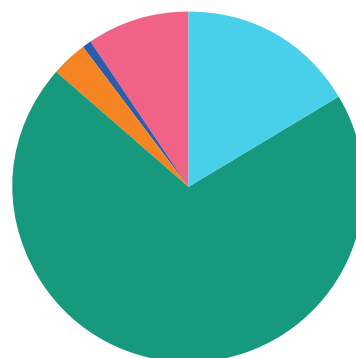
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Dr. Michael Maloney & Dr. Marta Pisarska  
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The Roberto Family  
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Gabrielle L. Shapiro, MD  
Diane K. Shrier, MD & Adam Louis Shrier, D.Eng., JD

\*Indicates a first-time donor to AACAP    • Indicates an honorarium donation    ♥ Indicates a Hope Maker recurring monthly donation  
Every effort was made to list names correctly. If you find an error, please accept our apologies and contact the Development Department at [development@aacap.org](mailto:development@aacap.org) or 202.966.7300, ext. 140

## TREASURER'S REPORT: STATEMENT OF FINANCIAL POSITION

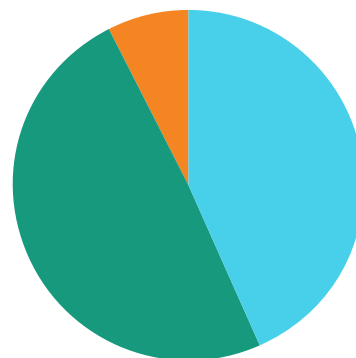
*Our history of fiscal stability allows us to continue to develop products, programs, and services to help our members be leaders in the field of child and adolescent psychiatry*

	2016
<b>ASSETS</b>	
Cash	\$ 2,814,366
Investments	12,000,746
Receivables, net	571,310
Prepaid expenses	110,263
Inventory	21,121
Property and equipment, net	1,580,171
<b>Total Assets</b>	<b>\$ 17,097,977</b>



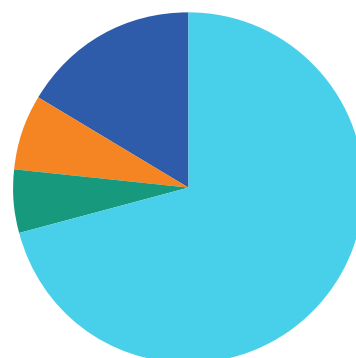
### LIABILITIES AND NET ASSETS

<b>Liabilities</b>	
Accounts payable and accrued expenses	\$ 1,440,862
Deferred revenue	1,643,430
Regional Council dues payable	240,429
<b>Total Liabilities</b>	<b>\$ 3,324,721</b>



### Net Assets

<b>Unrestricted</b>	
Undesignated	\$ 9,772,191
Board designated	806,929
	10,579,120
Temporarily restricted	960,616
Permanently restricted	2,233,520
	13,773,256
<b>Total Liabilities and Net Assets</b>	<b>\$ 17,097,977</b>





# STATEMENT OF ACTIVITIES FOR THE YEAR ENDED DECEMBER 31, 2016

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
<b>REVENUE AND SUPPORT:</b>				
Annual meeting and institutes	\$ 2,993,729	\$ -	\$ -	\$ 2,993,729
Membership dues and fees	2,957,127	-	-	2,957,127
Grants and contributions	1,308,685	287,703	100,250	1,696,638
Journal	1,419,870	-	-	1,419,870
Investment gain (loss), net	737,857	224,046	-	961,903
Publications	298,395	-	-	298,395
Member benefit royalties	176,138	-	-	176,138
Training	80,329	-	-	80,329
Advertising	59,893	-	-	59,893
Building – rental income	10,400	-	-	10,400
Other income	8,063	-	-	8,063
Net assets released from restrictions	534,269	(534,269)	-	-
<b>Total revenue and support</b>	<b>10,584,755</b>	<b>(22,520)</b>	<b>100,250</b>	<b>10,662,485</b>
<b>EXPENSES:</b>				
Program services:				
Annual meeting and institutes	2,146,589	-	-	2,146,589
Components	926,155	-	-	926,155
Journal	820,902	-	-	820,902
Government affairs	755,295	-	-	755,295
Grants	718,974	-	-	718,974
Special Funds	554,426	-	-	554,426
Membership	500,930	-	-	500,930
Research initiatives	394,720	-	-	394,720
Clinical practice	379,753	-	-	379,753
Communications	200,158	-	-	200,158
AACAP News	138,325	-	-	138,325
Presidential initiatives	26,297	-	-	26,297
Publications	14,986	-	-	14,986
<b>Total program services</b>	<b>7,577,510</b>	<b>-</b>	<b>-</b>	<b>7,577,510</b>
Supporting services:				
Central office	956,725	-	-	956,725
Fundraising	288,514	-	-	288,514
Building operations	16,963	-	-	16,963
<b>Total supporting services</b>	<b>1,262,202</b>	<b>-</b>	<b>-</b>	<b>1,262,202</b>
<b>Total expenses</b>	<b>8,839,712</b>	<b>-</b>	<b>-</b>	<b>8,839,712</b>
<b>Change in net assets before other changes</b>	<b>1,745,043</b>	<b>(22,520)</b>	<b>100,250</b>	<b>1,822,773</b>
Transfer to permanently restricted net assets	-	(50,000)	50,000	-
<b>Change in net assets</b>	<b>1,745,043</b>	<b>(72,520)</b>	<b>150,250</b>	<b>1,822,773</b>
<b>NET ASSETS:</b>				
Beginning	8,834,077	1,033,136	2,083,270	11,950,483
Ending	\$ 10,579,120	\$ 960,616	\$ 2,233,520	\$ 13,773,256

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