

2013

AACAP ANNUAL REPORT



AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG

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MESSAGE FROM THE PRESIDENT

It is with great pleasure that I present you with AACAP's 2013 Annual Report.

This annual report includes details about our many accomplishments, as well as the audited financial statements that ensure accountability of our operations.

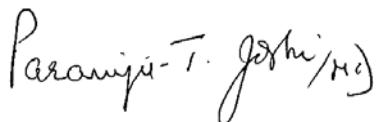
2013 was a banner year as we continued to further advance and define our specialty. We were entrusted with continued leadership in children's health initiatives and our global efforts flourished both in scope and sophistication. It was a year of growth in capacity, structure, and effectiveness.

The year was best characterized by forward thinking and vision. The year provided us the opportunity to look internally and assess our relevance to our members. We took the much needed time to examine not only the benefits that the Academy currently offers, but to assess, create, and prepare for the coming decade.

The collective strength of AACAP is determined by the level of involvement of its members. I always keep in mind that the success of our Academy is not possible without the active support and participation of the Executive Committee, Council, Assembly, staff, and most importantly, our members. It is an honor as your President to see the many passionate volunteers who invest time to help AACAP provide better opportunities for the entire membership.

My respect for the passion, creativity, and capability of AACAP's members and staff has never been stronger. As AACAP works on many fronts, I am humbled by the efforts and enthusiasm shown by leadership, staff, and members like you. Without all our continued investment of time, energy, and talent, we would not be able to enjoy so much success as a professional organization.

I look forward to seeing you all in San Diego!



Paramjit T. Joshi, MD

President



The year was best characterized by **forward thinking and vision**. The year provided us the opportunity to look internally and assess our relevance to our members.

MESSAGE FROM THE EXECUTIVE DIRECTOR

Research Driven. Treatment Focused. Children Centered.

It is a privilege to deliver this 2013 “State of AACAP” annual report. It was a year of remarkable achievements, milestones, challenges, and opportunities.

Among the best of our milestones was that it was AACAP’s largest membership year in history. We surpassed 8,700 members for the first time, growing in all our membership categories, including Medical Students, Residents, Corresponding, General, and our esteemed Life Members.

Another memorable milestone occurred on May 10th, 2013, when AACAP leaders, members, and staff gathered at the Academy’s national headquarters to celebrate the long and successful career of our retired Executive Director, Virginia “Ginger” Anthony with the naming of the “Virginia Q. Anthony Lobby.” The celebration of Ginger culminated at the Annual Meeting in Orlando, when Magda Campbell, MD was honored as the first recipient of the “Virginia Q. Anthony Outstanding Woman Leader” award.

It was a year in which Martin J. Drell, MD, Past-President of AACAP, realized the completion of his Presidential Initiative, “*Back to Project Future (BPF): Plan for the Coming Decade*.” Chaired by James MacIntyre, II, MD, the project included 18 months of heroic work with input by many AACAP members, committees, staff, and other organizations. A profound **thank you** to Dr. Drell for the vision of his Presidential Initiative, and to everyone who contributed to its creation. It will shape the future of our field for the next decade.

In 2013, the American Association of Child and Adolescent Psychiatry, AACAP’s new 501(c)(6) was formed. The Association will engage in political activities, such as advocacy, health education, and policy, working to educate members, the public, and policymakers about important issues affecting child and adolescent psychiatry and children’s mental health.



Under the strong leadership of Marilyn Benoit, MD and Robert Hendren, DO, we celebrated AACAP's 60th Anniversary. As we appreciate the past, we are focused on the future and leading the fight to research, treat, and prevent childhood mental illnesses. This dream is not possible without you: our members and partners, our advocates and allies, and our staff.

In Orlando, we applauded the incoming Presidency of Paramjit Joshi, MD, and her initiative, *“Partnering for the World’s Children.”* During the next two years of her presidency, AACAP will focus on opportunities to strengthen child and adolescent psychiatry globally.

To kick-off Dr. Joshi's Presidential Initiative, AACAP's new *International Fund* was established. The cornerstone of her international focus, the fund will invest in child psychiatry, research, training, and education to achieve these global objectives. Dr. Joshi announced in Orlando that there was \$400,000 in seed funding from two significant gifts that were the catalysts to launch the International Fund.

Finally, to commemorate AACAP's 60th Anniversary, we launched the 1953 Society, which will honor and thank members and friends of AACAP who have arranged a bequest or estate gift to the Academy. It is named for the year your Academy was founded. These gifts will provide the vital permanent financial stability for your Academy's future.

Margaret Mead once said, *“We are continually faced with great opportunities that are brilliantly disguised as unsolvable problems.”* Among these seemingly “unsolvable problems” is the shortage of child and adolescent psychiatrists, the unabated decline in research funding, and the lack of philanthropic priority towards children’s mental health. But, the unwavering resolve of our members, stakeholders, and donors, all working together, gives me confidence in our rich future.

So, a new journey all starts again in 2014. You continue to entrust me to lead as your Executive Director. It is a position that humbles me, a responsibility that grounds me, and an opportunity that inspires me. I am proud and honored to serve you.

Most sincerely,

Heidi B. Fordi

Heidi B. Fordi, CAE
Executive Director



It was a year of remarkable achievements, milestones, challenges, and opportunities.



CELEBRATING 10 YEARS OF SERVICE!

Danielle Jackson
Operations Coordinator/Receptionist

In 2013 Danielle celebrated her 10 year anniversary with AACAP! Many thanks for 10 years of loyal and dedicated service to AACAP.

ADVOCACY



THE SUCCESS OF AACAP IS DEPENDENT ON THE EFFORTS AND ENTHUSIASM OF ITS MEMBERS, STAFF, AND PARTNERS TO IMPROVE CHILDREN'S MENTAL HEALTH POLICY.



DURING 2013, WE WORKED WITH AACAP MEMBERS ACROSS THE COUNTRY to address the critical workforce shortage of child and adolescent psychiatrists; improve the quality of care for children with mental illness; and increase access to prevention, early intervention, and treatment programs. After numerous tragedies there is an increased national focus on children's mental health. AACAP continues to lead the efforts to educate officials at all levels on the importance of children's mental health through our federal and state legislative initiatives, trainings and annual events. We aim to support children and adolescents with mental illnesses, the medical sub specialty of child and adolescent psychiatry, and to improve the mental health of all children and adolescents.

AACAP ADVOCACY DAY

In May 2013, nearly 250 AACAP members and family advocates convened on Capitol Hill to educate nearly 200 Congressional offices on the the growing shortage of child and adolescent psychiatrists and the need for access to high quality mental health care. With the support of AACAP's Campaign for America's Kids, AACAP sponsored travel and lodging allowing families and youth to come to Washington, D.C. for political education. Last year, AACAP also honored two Members of Congress for their commitment to children's mental health issues. Senator Al Franken of Minnesota and Representative Joe Courtney of Connecticut both received AACAP's *Friends of Children's Mental Health Award*.

MEMBER ADVOCACY

Each year, AACAP offers Advocacy and Collaboration Grants to help fund advocacy activities by AACAP regional organizations. Activities are designed to improve children's mental health care in a state or community. These grants assure that regional organizations continue to advance the mission of AACAP and foster relationships through collaboration with allied consumer and professional organizations.

In 2013, these grants enabled 10 regional organizations to implement several projects. As part of these projects, pediatricians united to improve care for children with autism spectrum disorder. Pediatricians also collaborated in seminars to develop recommendations to help reduce the risk of suicide among children and improve care coordination between primary care providers and child and adolescent psychiatrists.



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Congressional offices on the growing
shortage of appropriate providers
and need for access to

**HIGH QUALITY
MENTAL HEALTH CARE.**



AACAP Advocates visiting their Members of Congress



PUBLIC HEALTH FELLOWSHIP THROUGH THE CENTER FOR MENTAL HEALTH SERVICES

AACAP partnered with the Substance Abuse and Mental Health Services Administration (SAMHSA) for the fourth year in a row to offer a child psychiatry resident the opportunity to work with the Systems of Care Committee and Center for Mental Health Services (CMHS). The resident dedicated one day a week to learning about public sector service and community-based child and adolescent psychiatry policies and practices. Our 2013-2014 fellow, Tushita Mayanil, MD from Children's National Medical Center, worked to educate SAMHSA on the importance of the early identification of psychosis. As part of her fellowship, she helped CMHS identify model programs throughout the world and build ongoing relationships between the organizations. She created a fact sheet on early onset psychosis for child and adolescent psychiatrists and other mental health providers to better identify, support and treat children and adolescents before a clinical disorder is exhibited.

Members enjoying AACAP's Advocacy Day Reception.



IMPROVING SYSTEMS OF CARE AND CLINICAL PRACTICE

In a climate of rapid change in the health care system and the delivery of care, the role of the child and adolescent psychiatrist has never been more important. Through AACAP's many committees, our members develop standards and tools to provide the highest quality of care for children with mental illnesses.

- AACAP continues to contribute to the expansion of a systems-based, integrative care approach through the training of clinicians around the country on the Child and Adolescent Service Intensity Instrument (CASII) and the Early Childhood Service Intensity Instrument (ECSII). The two instruments are standardized assessment tools that provide a determination of the appropriate level of services needed by a child or adolescent and his or her family. Members of the Systems of Care Committee worked on improving access to CASII and ECSII trainings by finalizing the creation of online training modules.
- To help members understand the legislative changes affecting them, AACAP developed information resources such as ACOs and Child and Adolescent Psychiatry: Preparing for the Impact of Healthcare Reform and a web page devoted to information on the state health exchanges.
- Back to Project Future (BPF), one of Dr. Drell's Presidential Initiatives, resulted in the creation of the report *"Back to Project Future: a Plan for the Coming Decade."* BPF was approved by Council in October 2013 and made available to the general public soon after. The report outlines a roadmap of where the subspecialty of child and adolescent psychiatry and AACAP needs to be in 2023 and how to get there from 2013. A Task Force was established by Paramjit Joshi, MD, Dr. Drell's successor, to help with overseeing the Academy's actions in implementing and tracking the progress of the top BPF recommendations for 2013–2015.



IN HONOR OF KRISTIN KROEGER PTAKOWSKI

Former Senior Deputy Executive Director & Director of Government Affairs and Clinical Practice for AACAP from 1996–2013.

Kristin served AACAP for 18 years and championed our advocacy efforts, most notably creating and building AACAP's Advocacy Day. Her stewardship of AACAP's legislative agenda continues to have a positive impact on the Academy and the specialty as a whole. Her lasting legacy with AACAP is highlighted by her distinguished leadership, steadfast advocacy, and commitment to improving the quality of mental health care for children, adolescents, and families.

In 2013 \$11,140 was donated to Advocacy in honor of Kristin. These donations helped bring 50 families to Washington, D.C. to learn about the legislative process.



AACAP Government Affairs Staff and AACAP's immediate past President Martin Drell, MD with Congresswoman Grace Napolitano and the 2013 Friends of Children's Mental Health Congressional Staff Award winners Ane Romero and Andrew Adair



2013 Friends of Children's Mental Health Congressional Staff Award Winner Ane Romero with Congresswoman Grace Napolitano and AACAP Executive Director Heidi Fordi

WORKFORCE DEVELOPMENT & RECRUITMENT



AACAP WORKS TO EDUCATE THE NEXT GENERATION OF CHILD AND ADOLESCENT PSYCHIATRY'S LEADERS BY RECRUITING MORE MEDICAL STUDENTS AND RESIDENTS TO THE SPECIALTY THROUGH FELLOWSHIPS, GRANTS, AND MENTORSHIP PROGRAMS.

WORKFORCE SHORTAGE

AACAP completed a workforce study in 2013 and found that there are still too few child and adolescent psychiatrists to treat the number of children in the United States requiring mental health care. According to the data collected through the American Medical Association (AMA) Physician Masterfile in 2012, there are 8,350 child and adolescent psychiatrists in the United States.

Approximately 20 percent of youth ages 13 to 18 and 13 percent of 8 to 15 year-olds experience severe mental disorders in a given year. As the population of children is expected to grow from 74 million children in 2010 to 101.6 million in 2050, there will be an increasing need for mental health services.

AACAP's Department of Research, Training, and Education works to close the workforce gap and better serve America's children through research and workforce development programs that aim to recruit higher numbers of medical students and residents to join the field.



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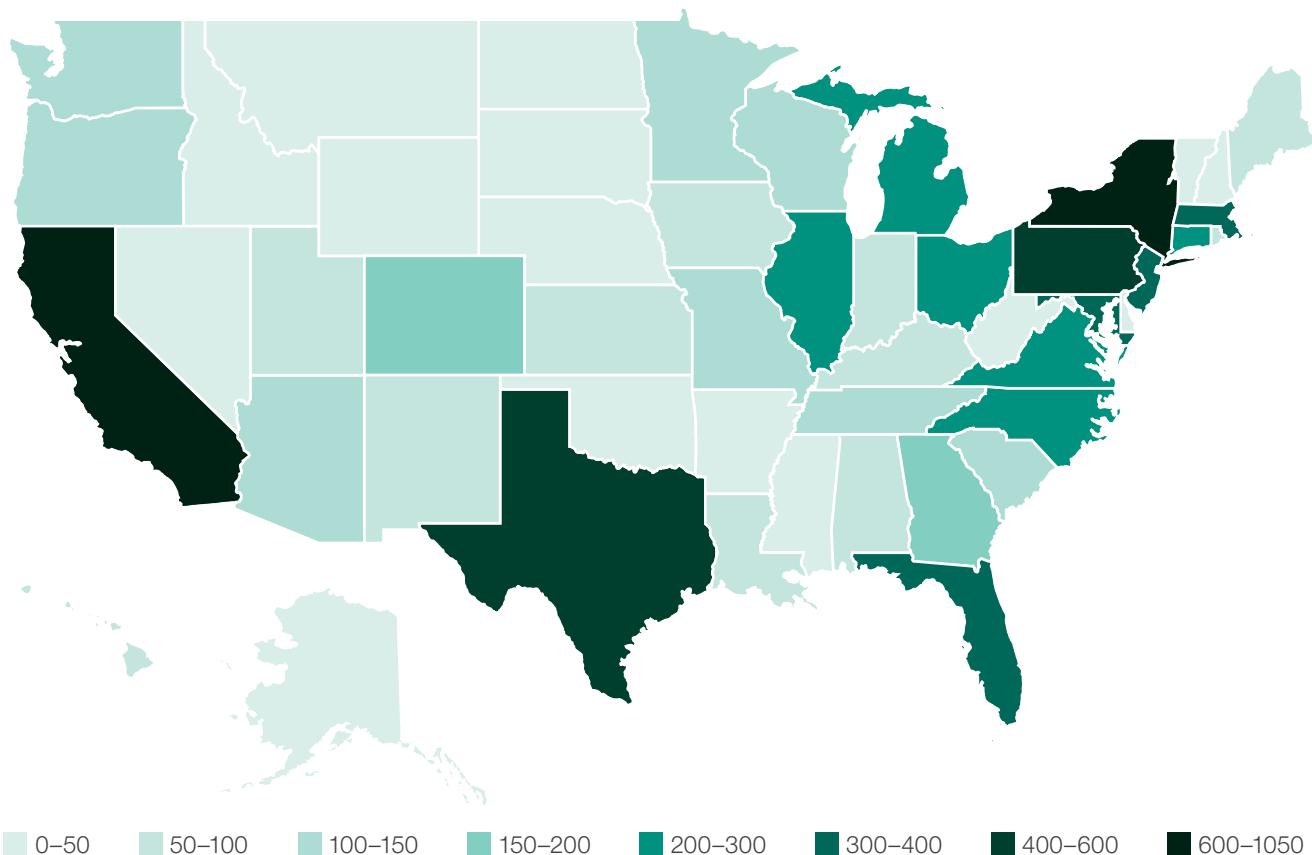
74 MILLION

2010

101.6 MILLION

2050

PRACTICING CHILD AND ADOLESCENT PSYCHIATRISTS 2012



0-50 50-100 100-150 150-200 200-300 300-400 400-600 600-1050

MENTORSHIP

AACAP's Mentorship Program is a three-day event for medical students and residents at the Annual Meeting. The Mentorship Network connects medical students, residents, and early career psychiatrists with mentors across the country.

The Mentorship Program is one of AACAP's most popular and fastest-growing programs for medical students and residents. This past year, more than 200 medical students and residents, and 50 child and adolescent psychiatrist mentors, met in small groups to discuss a range of topics related to training, career development, and current events. More than 195 medical students, residents, and early career psychiatrists signed up for a mentor, and 218 AACAP members volunteered to serve as mentors. Given the extreme shortages in our specialty, it is integral to our continued success that we provide trainees with superior mentorship so that they can help close the workforce gaps in child and adolescent psychiatry.

EDUCATIONAL OUTREACH PROGRAM

In 2013, the AACAP Endowment, Life Members Fund, and Shire Pharmaceuticals Inc., allowed AACAP to provide funding support for 52 child and adolescent psychiatry residents to participate in the AACAP Annual Meeting in Orlando through the Educational Outreach Program (EOP). Lilly USA, LLC funded 30 general psychiatry residents to attend the Annual Meeting.

The EOP provides travel support for residents, enabling them to tap into innovative career opportunities and a vibrant network by participating in special events for residents at the Annual Meeting. The EOP is instrumental in integrating residents into the field; 90 percent of general psychiatry residents who participate in the program become child and adolescent psychiatrists.

MEDICAL STUDENT TRAINING

AACAP administers the Klingenstein Third Generation Foundation (KTGF) Medical Student Program and evaluates the effectiveness of mentorship and medical student recruitment at 11 medical schools. KTGF sponsors the programs across the country to foster interest in child and adolescent psychiatry among medical students through mentorship and clinical experiences. Evaluations continue to provide information on medical student interest in and understanding of the field of child and adolescent psychiatry, just two of the many barriers that prevent medical students from choosing child and adolescent psychiatry.



JEANNE SPURLOCK MINORITY MEDICAL STUDENT FELLOWSHIPS

The Jeanne Spurlock Minority Medical Student Research Fellowship in Substance Abuse and Addiction, supported by the National Institute on Drug Abuse (NIDA), provided three medical students with the opportunity to gain research experience in the field of child and adolescent psychiatry. After completing the summer fellowship, the recipients participated in AACAP Annual Meeting activities and provided a poster presentation on their experiences.

SUMMER MEDICAL STUDENT FELLOWSHIPS

AACAP awarded the Summer Medical Student Fellowships, supported by the Campaign for America's Kids (CFAK), to six medical students to explore the field of child and adolescent psychiatry. Under the guidance of senior child and adolescent psychiatrist mentors, the fellowship recipients spent the summer in clinical and research settings and attended the 2013 AACAP Annual Meeting to present their findings.

AACAP summer fellowships give many medical students the opportunity to gain exposure to the field of child and adolescent psychiatry, which they often do not receive in medical school. All three medical student fellowship programs are highly competitive and have a positive impact on the career paths of all recipients.

DISTINGUISHED MEMBER AND JOURNAL AWARDS

AACAP administers Distinguished Member and Journal Awards recognizing child and adolescent psychiatrists and AACAP members who have made significant contributions to the field. Awardees receive honoraria, are honored at the Distinguished Awards Luncheon, and make an honors presentation about their work during the AACAP Annual Meeting.

ELAINE SCHLOSSER LEWIS AWARD FOR RESEARCH IN
ATTENTION-DEFICIT DISORDER

Mark Riddle, MD

Johns Hopkins University

Honors Presentation: The Preschool Attention-Deficit/Hyperactivity Disorder Treatment Study (PATS) 6-Year Follow-Up
J. Am. Acad. Child. Adolesc. Psychiatry. 2013;52:264-278.

KLINGENSTEIN THIRD GENERATION FOUNDATION AWARD FOR
RESEARCH IN DEPRESSION OR SUICIDE

Cynthia Rogers, MD

Washington University School of Medicine

Honors Presentation: Late Preterm Birth, Maternal Depression, and Risk of Preschool Psychiatric Disorders
J. Am. Acad. Child. Adolesc. Psychiatry. 2013;52:309-318.

NORBERT AND CHARLOTTE RIEGER AWARD FOR SCIENTIFIC
ACHIEVEMENT

Michael Bloch, MD, MS

Yale University

Honors Presentation: N-Acetylcysteine in the Treatment of Pediatric Trichotillomania: A Randomized, Double-Blind, Placebo-Controlled Add-On Trial
J. Am. Acad. Child. Adolesc. Psychiatry. 2013;52:231-240.

AACAP GEORGE TARJAN AWARD FOR CONTRIBUTIONS IN
MENTAL RETARDATION

Joseph Piven, MD

Honors Presentation: Towards Predicting Autism: Science and the Implications for Training in Child Psychiatry

AACAP JEANNE SPURLOCK LECTURE AND AWARD ON
DIVERSITY AND CULTURE

Eugenio M. Rothe, MD

Honors Presentation: Eight Basic Principles in the Psychodynamic Treatment of Immigrant Children and the Children of Immigrants

AACAP IRVING PHILIPS AWARD FOR PREVENTION

Michael S. Scheeringa, MD

Honors Presentation: Some Questions About Children and Trauma

AACAP SIDNEY BERMAN AWARD FOR THE STUDY AND
TREATMENT OF LEARNING DISABILITIES

Bradley D. Stein, MD, PhD

Honors Presentation: From Development through Dissemination to Quality Improvement: The 15-year Trajectory of an Effective School Mental Health Program for Trauma-Exposed Students

AACAP SIMON WILE LEADERSHIP IN CONSULTATION
AWARD, SUPPORTED BY THE CHILD PSYCHIATRY SERVICE AT
MASSACHUSETTS GENERAL HOSPITAL

John P. Glazer, MD

Honors Presentation: Descartes, Vignettes, Screening, and State of the Art Pediatric Psychosomatic Medicine

AACAP NORBERT AND CHARLOTTE RIEGER PSYCHODYNAMIC
PSYCHOTHERAPY AWARD

John K. Burton, MD

Honors Presentation: Neutrality, Abstinence, and the Therapist's Sexual Orientation: Complex Meanings for the Adolescent in Treatment

AACAP NORBERT AND CHARLOTTE RIEGER SERVICE PROGRAM
AWARD FOR EXCELLENCE

Robert J. Hilt, MD

Honors Presentation: New Directions and Opportunities in Consultation Psychiatry





RESEARCH

AACAP PROMOTES AND SUPPORTS THE DEVELOPMENT OF EARLY CAREER PSYCHIATRISTS THROUGH PUBLICIZED RESEARCH AND TRAINING OPPORTUNITIES AND SPONSORED INITIATIVES.

We fulfill the needs of child and adolescent psychiatrists by publishing peer-reviewed research, curricula, and recruitment materials; holding scientific meetings; and offering fellowships and awards to encourage scientific excellence.

RESEARCH INITIATIVE

There is a critical need for research to examine the safety, efficacy, and effectiveness of the various interventions that are employed in the treatment of children who have mental illnesses. Although this need is great, significant obstacles hamper the research community's ability to develop the kind of evidence needed to guide clinical practice. In 2000, through the Research Committee, AACAP began a strategic capacity-building initiative. The goals of this initiative are to increase the number of researchers, influence federal research policy (e.g., NIH, FDA), and build research skills among clinicians.

All parts of this strategic plan, the AACAP Research Initiative, are designed to strengthen the research infrastructure for understanding and treating children and adolescents suffering from mental illnesses.

The Research Initiative supports various programs including the Junior Investigator Award, Research Forum, and Founders Symposium.



RESEARCH GRANTS

A range of research opportunities were created for child and adolescent psychiatry residents and junior faculty interested in research. As federal dollars have decreased, AACAP sponsors continue to give their support for child and adolescent psychiatry research.

NIH FUNDED K12 GRANT

Through a Career Development (K) Award supported by the National Institutes of Health (NIH), AACAP collaborates with the National Institute on Drug Abuse (NIDA) to produce new child and adolescent psychiatry researchers in the substance abuse and addiction field. The overall aims of the AACAP Physician Scientist Program in Substance Abuse Program, supported by NIDA, are to: increase the number of child and adolescent psychiatrists with independently funded addiction research careers; expand clinical and research training in child and adolescent substance abuse in trainee's home and academic institutions; and create a sustainable infrastructure and national network of mentors and academic research institutions to support addiction research training. Since its inception in 1998, this successful program has produced 18 child and adolescent psychiatry researchers.

The grant of over \$6 million, awarded over 5 years, provides salary support as well mentoring for six child and adolescent psychiatrists with a commitment to becoming independent researchers.

The AACAP-NIDA K12 grant has been highlighted as a model grant for assisting junior faculty in developing independent research careers.

Margaret Benningfield, MD

Neurobiology of Impulsivity, Risk Taking & Reward in Youth at Risk for Addiction

Brady Case, MD

Epidemiology of Adolescent Substance Use Treatment

Leslie Hulvershorn, MD, MSc

Neural Correlates of Emotion Dysregulation in Youth at Risk for Substance Abuse

Michelle Horner, DO

The Role of Affective Processing in Etiology of Substance Use Disorder

Mini Tandon, DO

Prenatal Cigarette Exposure and Course of Childhood ADHD

Greg Tau, MD, PhD

Neural Correlates of Multiple Memory Systems in Adolescent Cannabis Use

RESIDENT AWARD

The NIDA-AACAP Resident Training Award in Substance Abuse and Addiction, supported by NIDA, provides up to \$20,000 in training support to two awardees and a mentor stipend of up to \$2,000. The two 2013 awardees are:

Amanda Roten, MD

Medical University of South Carolina

Project Title: Cognitive performance in an adolescent marijuana cessation pharmacotherapy trial

Allison Lin, MD

University of Michigan

Project Title: Screening for prescription drug abuse among adolescents in primary care

JUNIOR INVESTIGATOR AWARDS

AACAP offers the Junior Investigator Award, supported by the Research Initiative, which provides up to \$30,000 a year for two years of research support to child and adolescent psychiatry junior faculty based on available funding. The Research Initiative is sponsored by Eli Lilly and Company and Shire Pharmaceuticals. The 2013 award winner is:

Tamara L. Vanderwal, MD

Yale School of Medicine Child Study Center

Project Title: Intrinsic Connectivity Networks in Young Children
Mentors: Linda Mayes, MD and Francisco X. Castellanos, MD

PILOT RESEARCH AWARDS

AACAP's Pilot Research Award, supported by Lilly USA, LLC, provides up to six child and adolescent psychiatry residents, fellows, and junior faculty \$15,000 for one year of support for research on child and adolescent mental health.

AACAP's Pilot Research Award for Attention Disorders and/or Learning Disabilities, supported by the Elaine Schlosser Lewis (ESL) Fund, provides up to two child and adolescent psychiatry residents, fellows, and junior faculty \$15,000 for one year of support for research on attention disorders and/or learning disabilities. Recipients who completed their projects in 2013 submitted a poster presentation on their research at the 2013 Annual Meeting in Orlando, FL.



- As federal dollars have decreased, **AACAP** **sponsors continue to provide support** for child and adolescent psychiatry research.



Ben Shain, MD, PhD, Sherry Barron-Seabrook, MD, and David Berland, MD



PROFESSIONAL EDUCATION



AACAP'S CONTINUING MEDICAL EDUCATION PROGRAMS ARE PART OF CLINICIANS' LIFELONG LEARNING AND DAILY PRACTICE, AND ARE DESIGNED TO BRING THE BEST TREATMENTS TO CHILDREN IN NEED.



AACAP's Annual Meeting, Douglas B. Hansen, MD, Annual Review Course and Training Session for the Oral Exams, Psychopharmacology Update Institute, *Journal of the American Academy of Child and Adolescent Psychiatry*, and online CME programs educate physicians in the newest research on childhood mental, emotional, developmental, and behavioral disorders.

MAINTENANCE OF CERTIFICATION

During 2013, the Lifelong Learning Committee created Module 10: Abuse and Neglect, Adoption and Foster Care, Custody and Divorce, Dissociative Disorders, Personality Disorders, Reactive Attachment Disorder, and Relevant Updates for Child and Adolescent Psychiatrists which offers members the opportunity to fulfill the Maintenance of Certification (MOC) requirements. In addition to the module, one Institute is held each year during the Annual Meeting focusing on the topics of the module. This Institute consistently receives high evaluation ratings. Further MOC resources are developed for the membership, including Performance in Practice (PIP) tools based on AACAP Practice Parameters, peer feedback surveys, and patient feedback surveys, including the patient feedback tools in Spanish. They are available on the AACAP website. AACAP will continue to provide opportunities to meet members' MOC requirements.

CONTINUING MEDICAL EDUCATION

AACAP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians. AACAP's Accreditation with Commendation status represents AACAP's commitment to plan, implement, and evaluate activities that provide child and adolescent psychiatrists and allied health professionals the ability to affect change in how they treat patients.

ONLINE CME PROGRAMS

AACAP offers opportunities for online education, such as AACAP's online program titled, *The Challenges and Opportunities in ADHD: A Conversation with the Experts*, chaired by Laurence L. Greenhill, MD. Supported with educational grants from Eli Lilly and Company and Shire Pharmaceuticals, this two hour roundtable discussion features speakers Howard B. Abikoff, PhD, Gabrielle A. Carlson, MD, James J. McGough, MD, and Timothy E. Wilens, MD. Bennett L. Leventhal, MD lent his assistance as the director of the program. Online CME is also provided through the *Journal of the American Academy of Child and Adolescent Psychiatry*, offering one hour of credit per issue. Approximately 175 CME certificates are issued each month for these activities.



AACAP'S ANNUAL MEETING

Each year, AACAP's Annual Meeting provides an update on the latest research and developments in child and adolescent psychiatry. In 2013, more than 3,600 people attended AACAP's 60th Annual Meeting in Orlando. The meeting provided continuing medical education sessions devoted to children's mental health issues and was led by Gabrielle A. Carlson, MD, Program Committee Chair, Bennett L. Leventhal, MD, Deputy Program Committee Chair, and Jill Zeigenfus Brafford, Director of Meetings and Continuing Medical Education.



Deborah Deas, MD, Alice Mao, MD, Aradhana Bela Sood, MD, and Jennifer Yen, MD



Highlights from the Annual Meeting include:

- 527 international attendees from 57 countries.
- The Committee on Community-Based Systems of Care presented its Special Program entitled *Child and Adolescent Psychiatrists in Juvenile Justice: From Individual Care to System Approaches*, which was supported by the Center for Mental Health Services.
- The 60th Anniversary/Local Arrangements Committee sponsored the Clinical Practicum entitled *Eating Disorders: On the Road to Recovery*, which was held at the University of Florida's UF Health Eating Disorder Recovery Center (EDRC) in Gainesville, FL.
- The Research Committee sponsored and the Research Initiative supported the Research Forum chaired by Judy Cameron, PhD, Melissa P. DelBello, MD, MS, and Joan L. Luby, MD, entitled *Sensitive Periods in Brain Development: Implications for Child Psychopathology and Therapeutics*.
- The Research Committee also sponsored and the Research Initiative supported the Founders of the Research Initiative Symposium featuring Floyd E. Bloom, MD, and Janina R. Galler, MD.
- David W. Cline, MD, Daniel Pine, MD, and Stacy S. Drury, MD, PhD, were the speakers at the Noshpitz Cline History Lecture: *Through the Looking Glass Brightly: 60 Years of the American Academy of Child and Adolescent Psychiatry*.

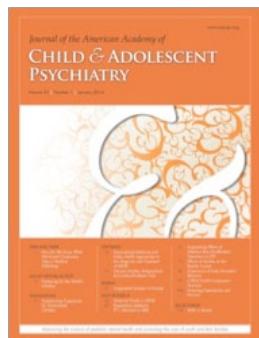
- Paramjit T. Joshi, MD, AACAP President-Elect, gave the keynote address at the Karl Menninger, MD Plenary, entitled *Partnering for the World's Children*.
- Gabrielle A. Carlson, MD, chaired a Member Forum entitled *The Dramatic Rise in Neuroleptic Use in Children: Why Do We Do It, What Does It Buy Us, and What Does It Cost Us?* This program featured speakers with varying perspectives on this topic and allowed for significant audience discussion.
- We held two Town Meetings this year; one chaired by James C. MacIntyre, II, MD, entitled *Back to Project Future: Defining the Coming Decade* and the other chaired by J. Michael Houston, MD, and D. Richard Martini, MD, entitled *How the Affordable Care Act Will Affect You and Your Patients*.
- American Professional Agency, Inc. supported the Early Career Psychiatrist Meet and Greet to provide networking opportunities for those members who have recently started practices.
- Thomas R. Insel, MD, Director of the National Institute of Mental Health, gave the Lawrence A. Stone, MD Plenary address entitled *From Psychiatry to Clinical Neuroscience*.
- Martin J. Drell, MD, interviewed James C. MacIntyre, II, MD, in the Presidential Interview.
- There were several programs on CPT Coding and the *DSM-5* as a result of the changes in those areas this year.

PSYCHOPHARMACOLOGY UPDATE INSTITUTE

AACAP's 2013 Psychopharmacology Update Institute was held in Washington, DC and saw near-record attendance with 595 registrants, including 137 international registrants. Chaired by Gabrielle A. Carlson, MD, the Institute focused on the impact of *DSM-5* on child and adolescent psychopharmacological treatments. Psychopharmacology continues to be a popular topic among AACAP members drawing large numbers for both this meeting and sessions at the Annual Meeting.

DOUGLAS B. HANSEN, MD ANNUAL REVIEW COURSE AND TRAINING SESSION FOR THE ORAL EXAMS

AACAP hosted 226 attendees, the largest number in the past 7 years, in Jersey City, NJ at the 2013 Douglas B. Hansen, MD, Annual Review Course and Training Session for the Oral Exams. Co-chaired by Cathryn A. Galanter, MD, and Moira Rynn, MD, the course provided a review of all major child psychiatric topics and was an excellent way for members to get up-to-date information for the field.



JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY

The Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP) is recognized worldwide as the leading scientific journal dedicated exclusively to the study of child and adolescent mental health. Readership of the *Journal* extends

beyond AACAP membership and encompasses not only child psychiatrists, but pediatricians and other child and adolescent healthcare providers. The *Journal's* website offers free CME opportunities, author interviews via podcast, and early access to upcoming content. *JAACAP* is published by Elsevier.

JAACAP is again the #1 journal in pediatrics, as reported in the recently released *2013 Journal Citation Reports* published by Thomson Reuters. At 6.354, *JAACAP*'s 2013 impact factor (IF) is down from 6.970 in the previous year, and now ranks 11th of 135 psychiatry journals and 1st of 117 pediatrics journals. This is the *Journal's* third highest IF of all time and marks the third consecutive year that the IF has been above 6.0. The *Journal* is committed to advancing the science of pediatric mental health and promoting the care of youth and their families.

JAACAP JOHN F. MCDERMOTT ASSISTANT EDITOR-IN-RESIDENCE AWARD

The John F. McDermott Assistant Editor-in-Residence Award, established in 2006 in honor of Editor Emeritus John F. McDermott, MD, (1986-1996), provides the opportunity for an early career child and adolescent psychiatrist to join the *JAACAP* editorial team for two years. Working closely with the *JAACAP* Editor-in-Chief and Dr. McDermott, the Assistant Editors-in-Residence acquire an intimate understanding of the editorial processes behind the production of the *Journal*, including but not limited to manuscript preparation, editing, and peer review. The long-term goal of this position is to foster the professional growth of child and adolescent psychiatrists interested in the editorial process.



JAACAP Editor-in-Chief Andrés Martin, MD, MPH, with current and former John F. McDermott Assistant Editors-in-Residence: Michelle S. Horner, DO, Stacy S. Drury, MD, PhD, and Schuyler W. Henderson, MD, MPH.

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tomorrow.

- BECOMING A DONOR IS A POWERFUL DECISION.
- WHEN YOU CHOOSE TO DONATE TO AACAP, YOU CHOOSE THE BEST SOLUTION TO ASSURE OUR NATION'S YOUTH GET THE MENTAL HEALTH SERVICES THEY NEED TO THRIVE.

2013 was filled with leaps-and-bounds progress. This could not be possible without your generous gifts. Here's how your support has made a difference, and how your contribution will continue to create bigger impact as you help us look to the future:

LIFE MEMBERS FUND

In 2013, the Life Members Fund raised \$23,000 to support their two grant awards initiatives: the Education Outreach Program for Child and Adolescent Psychiatry Residents, and the Mentorship Grants for Medical Students. Through these generous donations, 29 medical students and residents were able to attend the Annual Meeting and be mentored by our Life Members in Orlando—the most ever!

Sponsor a future child and adolescent psychiatrist through the Life Members Fund for just \$1,325 today.

INTERNATIONAL INITIATIVES

Established in 2013, the International Fund invests in child psychiatry research, training, and education to achieve the global objectives of President Paramjit T. Joshi's Presidential Initiative, *"Partnering for the World's Children."*

The Paramjit T. Joshi, MD International Scholars Award and the Ülkü Ülgür, MD International Scholar Award are the first two awards established to support this fund. Both provide travel expenses for child psychiatrists and other physicians to attend AACAP's Annual Meeting. Awardees share their knowledge and experience with attendees at the meeting. Academically affiliated awardees are also expected to lecture on specific topics of interest that promote mental health awareness to other medical students, residents, and faculty at various schools.

Help AACAP spread the word on mental health: Donate \$2,500 today to sponsor a travel scholarship for one international awardee to attend the Annual Meeting.

WORKFORCE DEVELOPMENT

Your donations to support Workforce Development fund our AACAP Summer Medical Student Fellowships. These fellowships provide an opportunity for medical students to explore a career in child and adolescent psychiatry, gain valuable work experience, and meet leaders in the field of child and adolescent psychiatry. The objective is to close the gap on the difference between the number of child psychiatrists in practice and the number needed. And, from six years of data, it's having this impact. Since 2008, nearly 73% of students who have participated and graduated have



Paramjit T. Joshi, MD, President AACAP, James Harris, MD and Aradhana Bela Sood, MD, Secretary AACAP



Y.K. Warren Ng, MD Chair, Assembly of Regional Organizations AACAP, Melvin Oatis, MD and Erik Williams, MD

“The program is truly a **fantastic opportunity** for medical students considering a career in academic medicine and hoping to one day **make a difference** for children and adolescents with mental illness.”



matched in child psychiatry or pediatrics. The fellowship opportunity provides up to \$3,500 for 12 weeks of clinical or research training under a child and adolescent psychiatrist mentor.

As one fellowship recipient told us in 2013: “It was an invaluable learning experience for me; an opportunity to explore cutting edge research in the field, develop relationships with mentors in academic medicine and become familiar with research methodology and techniques relevant to the field. The program is truly a fantastic opportunity for medical students considering a career in academic medicine and hoping to one day make a difference for children and adolescents with mental illness.”

It costs \$3,500 to sponsor one medical student in a 12-week fellowship. In 2013, we awarded seven Summer Medical Student Fellowships because of your donations.

RESEARCH

Your donations to the Research fund, Campaign for America's Kids (CFAK), and to the Elaine Schlosser Lewis (ESL) Fund, all help to launch and expand the careers of CAP researchers. Two high-impact research programs at AACAP are the Junior Investigator Awards and the Pilot Research Awards. Junior Investigator Awards are intended for child and adolescent psychiatry junior faculty (assistant professor level or equivalent). Pilot Research Awards are a starter program for those with little or no research experience. It's estimated that today just 1% of child psychiatrists are researchers. We know that's not nearly enough if we are going to accelerate innovation and best-practice gains. Without new researchers, we are facing the very real possibility of not reaching our potential for new medicines and treatments that will have lasting benefits to children with mental illness.

It costs \$15,000 per year to launch one child psychiatry resident's research career. Your donations have helped us fund nine Junior Investigator and Pilot Research grants in 2013.

ADVOCACY

Your donations to the CFAK, and to the Advocacy fund, support travel grants to bring families to Washington, DC to learn about the political process.

It costs \$684 to bring one child or parent to Washington, DC. In 2013, 53 children and parents attended educational sessions with AACAP members and staff because of your donations.

VIRGINIA Q. ANTHONY OUTSTANDING WOMAN LEADER AWARD

You donated more than \$20,000 in 2013 to the Virginia Q. Anthony (VQA) Fund. Since 2012, when the VQA Fund was established, more than \$95,000 has been raised. Your donations will be used to celebrate pioneering women who have created meaningful progress for the field of child and adolescent psychiatry. In 2013, AACAP celebrated former Executive Director Ginger Anthony with an oil portrait and renaming of the AACAP lobby to the Virginia Q. Anthony Lobby. The inaugural Virginia Q. Anthony Outstanding Woman Leader Award in 2013 was given to Dr. Magda Campbell for her lifetime of invaluable research.



THESE ARE JUST SOME OF THE WAYS THAT YOUR DONATIONS HAVE HELPED AACAP create meaningful progress in growing our field, amplifying our voice, collaborating with the international community, and helping children with mental illness have better access to treatment.

We know that as much progress as we made in 2013, we have to make even more quantum-leap gains in 2014. We typically have five- to ten-times the number of applications for every one research grant and award we can fund. The solution is simple: You donate more, we impact more. Which is why your choice to donate is not just powerful, it's heroic!

Please, go to the donate page of www.AACAP.org or call us at 202-966-7300 ext. 140. Learn how your support changes lives and launches careers in child and adolescent psychiatry.

And thank you for making 2013 an unprecedented year of meaningful progress.

Your choice to
donate is not
just powerful,
it's heroic!

CELEBRATING VIRGINIA Q. ANTHONY



Ginger and AACAP Presidents Past & Current:

Robert Hendren, DO, Louise Wiener, David Pruitt, MD, Paramjit T. Joshi, MD, Dick Sarles, MD, Marilyn Benoit, MD, Larry A. Stone, MD, E. James Anthony, MD, Martin J. Drell, MD & Ginger Anthony



PORTRAIT BY
CEDRIC EGELI

William Stark, MD, Cedric Egeli (artist), E. James Anthony, MD, Ginger Anthony, Jim Harris, MD



Vivienne Stark, William Stark, MD, Ginger Anthony, Quinn Bausch, Elizabeth Bausch

IN EARLY MAY 2013, AACAP LEADERS, FAMILY, MEMBERS, AND STAFF GATHERED AT THE ACADEMY'S NATIONAL HEADQUARTERS TO CELEBRATE THE LONG AND SUCCESSFUL CAREER OF VIRGINIA "GINGER" Q. ANTHONY.



Gabrielle Shapiro, MD, Alice Mao, MD, Ginger Anthony & Heidi Fordi



Ginger Anthony and William Quinn

Over 150 guests packed the newly opened Virginia Q. Anthony Lobby marked by a prominently placed plaque in the reception area commemorating Ginger's 39 years of dedicated service to the organization. Ginger was joined by a number of family members, including her husband, AACAP Past President E. James Anthony, MD.

The main event of the evening was the unveiling of a life-like portrait of Ginger, painted in oils by famed portraitist Cedric Egeli. His work captured Ginger's vitality, determination, and presence. The painting hangs in the Virginia Q. Anthony Lobby, in honor of Ginger's capacity for building warm and lasting relationships with AACAP members and staff. It was these qualities, and more, that helped build the supportive family AACAP is today. In true Ginger fashion, her natural ease obscured any sense of pretense of the importance of the night.

Since Ginger arrived on the scene every Academy president, member, committee chair, assembly member, student, and staff extolled her inspiring influence, subtle guidance, frank critiques, good humor, and encouragement. The Academy basked in her infectious smile and laughter while the underlying seriousness of purpose and breadth of vision were constant.



Heidi Fordi, Kristin Kroeger Ptakowski, Ginger Anthony, Jean DeJarnette & Mary Crosby



Jean DeJarnette, Dick Sarles, MD, Heidi Fordi, Ginger Anthony & her family.

The event program gave special thanks to J. Michael Houston, MD; Chris Kratochvil, MD; Alice Mao, MD; and Gabrielle Shapiro, MD for their generous financial contributions to create such a successful evening.

Ginger's loyalty to AACAP and commitment to improving the lives of youth defined the entire future trajectory of the organization. Under her direction, Ginger helped establish AACAP as a well-respected professional medical organization leading the field of child and adolescent mental health. As a testament to her dedication to AACAP's mission, the Virginia Q. Anthony Fund has raised over \$115,000 to encourage other outstanding women leaders to continue creating meaningful progress for the field of child and adolescent psychiatry.

This night was a true celebration of Ginger. She remains a driving force; a catalyst for work that has affected so many children and families. The breadth of her influence is vast and its effects will continue to grow, as the Academy has grown during her expert stewardship.

Virginia “Ginger” Anthony’s
loyalty to AACAP members and
commitment to improving the
lives of youth throughout the
nation changed the **future**
trajectory of the organization.

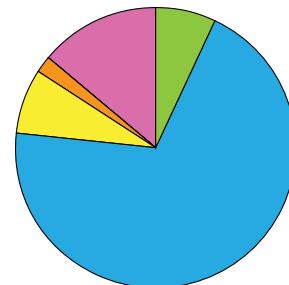
TREASURER'S REPORT: STATEMENT OF FINANCIAL POSITION

Our history of fiscal stability allows us to continue to develop products, programs, and services to help our members be leaders in the field of children's mental health care.

ASSETS

2013

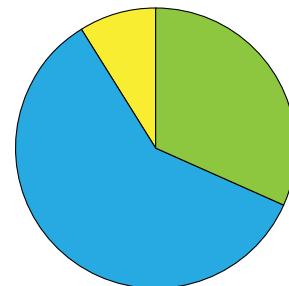
Cash And Cash Equivalents	\$ 931,147	■
Investments	9,139,988	■
Receivables, net	952,956	■
Prepaid Expenses	259,827	■
Promises To Give, net	26,138	■
Property And Equipment, net	1,784,364	■
Total Assets	\$ 13,094,420	



LIABILITIES AND NET ASSETS

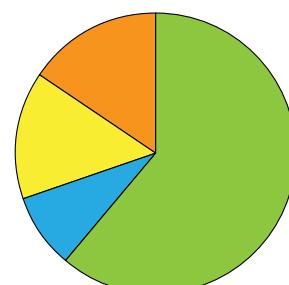
Liabilities

Accounts payable and accrued expenses	\$ 875,092	■
Deferred revenue	1,646,676	■
Regional council dues payable	241,014	■
Note payable	-	■
Total Liabilities	2,762,782	



Net Assets

Unrestricted		
Undesignated	6,317,987	■
Board-designated	906,541	■
	7,224,528	
Temporarily restricted	1,512,440	■
Permanently restricted	1,594,670	■
Total Net Assets	10,331,638	



Total Liabilities and Net Assets **\$ 13,094,420**

STATEMENT OF ACTIVITIES FOR THE YEAR ENDED DECEMBER 31, 2013

REVENUE AND SUPPORT:	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
Membership dues and fees	\$ 2,522,690	\$ -	\$ -	\$ 2,522,690
Grants and contributions	1,973,200	\$450,864	\$25,000	2,449,064
Annual meeting and institutes	1,664,013	-	-	1,664,013
<i>Journal</i>	1,519,387	-	-	1,519,387
Investment gain (loss), net	819,769	488,758	-	1,308,527
Publications	262,459	-	-	262,459
Member benefit royalties	170,478	-	-	170,478
Advertising	99,918	-	-	99,918
Building – rental income	30,000	-	-	30,000
Training	22,328	-	-	22,328
Other income	10,128			10,128
Net assets released from restrictions	710,024	(710,024)	-	-
Total revenue and support	9,804,394	229,598	25,000	10,058,992
<hr/>				
EXPENSES:				
Program services:				
Annual meeting and institutes	1,667,038	-	-	1,667,038
Grants	1,244,792	-	-	1,244,792
Components	1,116,617	-	-	1,116,617
Special Funds	725,616	-	-	725,616
<i>Journal</i>	723,601	-	-	723,601
Government affairs	547,120	-	-	547,120
Membership	310,359	-	-	310,359
Clinical practice	227,368	-	-	227,368
Research initiatives	207,915	-	-	207,915
AACAP News	146,261	-	-	146,261
Communications	136,501	-	-	136,501
Presidential initiatives	78,289	-	-	78,289
Publications	19,915	-	-	19,915
Total program services	7,151,392	-	-	7,151,392
<hr/>				
SUPPORTING SERVICES:				
Central office	974,165	-	-	974,165
Fundraising	268,231	-	-	268,231
Building operations	30,167	-	-	30,167
Total supporting services	1,272,563	-	-	1,272,563
Total expenses	8,423,955	-	-	8,423,955
Change in net assets	1,380,439	229,598	25,000	1,635,037
<hr/>				
NET ASSETS:				
Beginning	5,844,089	1,282,842	1,569,670	8,696,601
Ending	\$ 7,224,528	\$ 1,512,440	\$ 1,594,670	\$ 10,331,638

THANK YOU FOR SUPPORTING AACAP

Thank you to the following 2013 donors for their generous financial support of our mission.

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The Klingenstein Third Generation Foundation

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The Norbert and Charlotte Rieger Foundation

AACAP Norbert and Charlotte Rieger Service Program Award for Excellence

The Norbert and Charlotte Rieger Foundation

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